



WHAT IS IT?

- A program to introduce males and females to the game of hockey at no charge to the participant.
- On ice / video / classroom component
- Introduces basic skills in a positive, fun, non-threatening environment
- Open to males and females, between the ages of 7-12, who have never had an opportunity to experience organized hockey.
- Opportunity to learn and gather information about your local hockey association and other hockey programs available in the area.
- No financial obligation or commitment to register for further hockey programs.
- Individuals interested in pursuing hockey further are given an opportunity to sign up with various programs.

EQUIPMENT PICK-UP AND INFORMATION SESSION:

- All participants will be given new or used equipment that they can keep.
- Experienced personnel will assist with the equipment needs of each individual.
- All participants will receive a special “Recruitment Day” sweater to keep.

ON ICE SESSION

This session is designed to give the “new hockey player”, an opportunity to try the game using their newly acquired equipment and under the safe supervision of certified hockey coaches.

- 1 hour of basic skills and fun activities on a full ice surface.
- Recommended a maximum of 30 participants.
- Fun games and cross ice games.

VIDEO / OFF ICE SESSION

This session is appropriate for all interested hockey participants.

- 45 minutes of fun in a team building atmosphere
- Facilitated by qualified hockey coaches and volunteers.
- Inspiration video provided by Hockey Canada

PARTICIPANT EXPECTATIONS:

- Arrive early to select your own hockey equipment
- Meet and make new friends
- Experience the passion of hockey and learn the basic skills of the game.

SEE SCHEDULE BELOW:

**RECRUITMENT DAY IN WINNIPEG
GLENWOOD ARENA
SEPTEMBER 26 /2009**

12:30 PM – 1:15 PM	PARTICIPANT ARRIVES TO PICK OUT EQUIPMENT AND REGISTER
1:15 PM – 2:00 PM	OFF-ICE ACTIVITIES
2:00 PM – 2:30 PM	DRESS FOR ON-ICE SESSION
2:30 PM – 3:30 PM	ON- ICE SESSION FOR ALL PARTICIPANTS
3:30 PM – 3:45 PM	CHANGE OUT FOR TEAM MEAL
3:45 PM - 4:30 PM	TEAM MEAL, MINOR HOCKEY INFORMATION, WRAP UP

HOW DO I GET INVOLVED?

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RECRUITMENT DAY