

## COACH MENTORSHIP PROGRAM

# COACH SPECIALTY CLINICS

Hockey Manitoba in cooperation with Hockey Canada and the National Coach Mentorship Program (NCMP) are pleased to offer coaches the opportunity to add specialty qualifications to their coaching resume.

The Coach Specialty Clinics offer coaches mentoring and instruction on development specialties. Specialty Clinics are FREE for Hockey Manitoba members courtesy of Hockey Manitoba and the NCMP.

See what the Specialty Clinics program can offer:

Developing Skilled Defensemen  
Shooting & Scoring  
Puck Control  
Competitive (Small Area) Games

Starting a Breakfast Club  
Small Area Games  
Skating  
Coaching Goaltenders

Visit our website for more information and find a Specialty Clinic near you!

## ABOUT THE NCMP

The National Coach Mentorship Program (NCMP) was established as an effort to improve our games at all levels across the country. By helping minor hockey coaches develop their teaching of special skills, our minor hockey players will greatly benefit in their development.



Andy Murray  
Honourary Coach Mentor  
for Hockey Manitoba

The concept is simple, "coaches helping coaches". Hockey Manitoba provides a list of emails and phone numbers of all our Coach Mentors from across the province. Any coach wanting advice or guidance is strongly encouraged to call a Hockey Manitoba Coach Mentor. Our Mentors are experienced and are very willing to help another coach!

[www.hockeymanitoba.ca](http://www.hockeymanitoba.ca)



COACHES  
HELPING  
COACHES



# COACH RESOURCES

Hockey Manitoba provides coaches with a number of resources to further develop their players and teams. These resources are available to assist coaches with practice planning, skill development, off-ice training, as well as tips and important information for players and teams at every level. All coaches approach the game of hockey in different ways and by using these resources new ideas are constantly being generated, benefiting not only you, but your players as well.

## HOCKEY CANADA DVDS

\$20.00 - Skills & Drills

\$20.00 - POE Drills

\$25.00 - Goaltending

\$25.00 - Advanced Goaltending

\$50.00 - Skills of Gold V1

\$50.00 - Skills of Gold V2

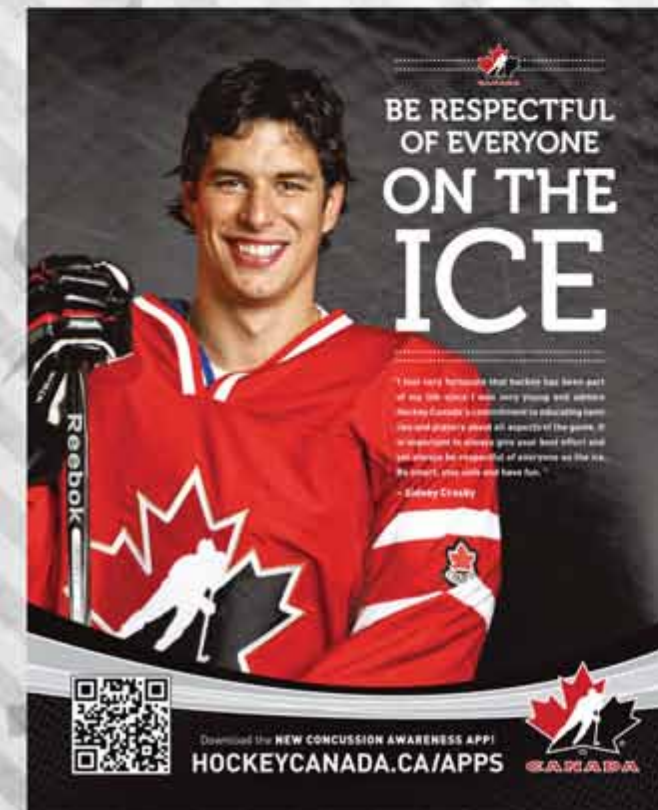
\$90.00 - Skills of Gold V1&2

## HOCKEY CANADA MANUALS

\$40.00 - Skills (IP to Midget)

\$40.00 - Coaching Goaltenders

\$40.00 - Half-Ice Practices



# TEAM GEAR | APPAREL & EQUIPMENT



LOOK GOOD.  
PLAY GOOD.

KEEP POSTED FOR  
FULL DETAILS  
[HOCKEY  
MANITOBA.CA](http://HOCKEYMANITOBA.CA)



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**HOCKEY MANITOBA**

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# COACH TOOL KIT



# MESSAGE TO COACHES



Dear Coach,

On behalf of the Board of Directors, I would like to welcome you to the start of the 2013 - 2014 hockey season. The Branch is once again looking forward to a very exciting and eventful season and Hockey Manitoba applauds your coaching contribution and leadership in the principle delivery of a successful program.

The goal of Hockey Manitoba is to provide a positive hockey experience for all participants within a safe sportsmanlike environment where individuals can develop not only hockey skills but also the qualities of honesty, integrity, self-esteem and respect. The role of the hockey coach is pivotal in the operation, management and development of these positive experiences and is an important bridge in the creation of memories that will contribute to players' longevity in the game of hockey.

The coach plays a central role in the development and participation experience of all players, and must possess a wide range of skills and abilities in order to do an effective job. The coach is a critical component and essential ingredient of a successful recipe and it is Hockey Manitoba's goal to provide you with the tools, knowledge and skill set in an effort to achieve positive results on and off the ice.


Hockey Manitoba is grateful for your commitment, time and effort that you devote to the game of hockey. Without the outstanding contribution of volunteer coaches, hockey would not enjoy the tremendous level of success or popularity throughout the province. Hockey is the sport of choice in Canada and the Branch relies on your knowledge, dedication and enthusiasm to assist in the delivery of an outstanding program to both the male and female youth of our province.

With over 30,000 members, our sport is recognized as the largest Provincial Sport in Manitoba and is considered a leader in the sporting community. As a member of the Hockey Manitoba coaching fraternity, I hope you take advantage of this coach kit which has been assembled to assist you in the delivery of your program.

Hockey Manitoba believes in the continual education and training for all coaches and would like to remind you that this kit is only one of the many Branch opportunities available to develop and enhance your skills as a coach. If you wish to learn more about the Hockey Manitoba Coaching Program and the availability of current and future opportunities and resources please visit our website at [www.hockeymanitoba.ca](http://www.hockeymanitoba.ca).

Once again thank you for your commitment to the development of hockey within the province of Manitoba.

Sincerely,

  
Peter Woods  
Executive Director

## COACHES CHECKLIST:

- Sign-up with Association/Community Club
- Visit [www.hockeymanitoba.ca](http://www.hockeymanitoba.ca) for coach info
- Find out what training/certifications I need
- Complete HOCKEY UNIVERSITY online
- Complete RESPECT IN SPORT online
- Register for an in-person training clinic
- Complete all requirements by Dec 1st
- Checkout the Hockey Manitoba coach resources available to all coaches (DVD's, Manuals, etc)
- Look into Hockey Manitoba Coach Specialty Clinics for extra development resources
- Find the Coach Mentorship list online
- Learn more about Long-Term Player Development model and how I can help make change
- Don't forget my helmet for all on-ice practices
- Ensure my coaching staff also do the same!



# COACH REQUIREMENTS

DIVISION/CATEGORY	HEAD COACH	ASST. COACH
Initiation (6 & Under)	Intro to Coach (IP)	Intro to Coach (IP)
Novice	IP OR Coach	IP OR Coach
Atom	Coach	Coach
Peewee	Coach	Coach
Bantam AA, A, B, C, D	Coach	Coach
Bantam AAA	Dev.1	Coach
High School	Coach	Coach
Midget AA, A, B, C	Coach	Coach
Midget AAA	HP1	Dev.1
Juvenile	Coach	Coach
Junior A	HP.1	Dev.1
Junior B	Dev.1	Coach
Junior C, OA, Women's	Coach	Coach
Men's Senior AAA	Dev.1	Coach
Men's Senior A, B, C, D	Respect In Sport	Respect In Sport
Women's Senior AA, A, B	Dev.1	Coach
Program of Excellence	HP1	Dev.1
Canada Games	HP1	HP1
Manitoba Games	Dev.1	Coach

- \* All coaches must obtain proper training/certification by December 1
- \* Coaches must wear a CSA approved helmet for all on-ice practices
- \* Hockey University & Respect In Sport must be completed online before an individual can register for an in-person clinic
- \* For more details please visit [www.hockeymanitoba.ca/coaches](http://www.hockeymanitoba.ca/coaches)

# HOCKEY UNIVERSITY

Hockey University (HU) is an online education tool developed by Hockey Canada as a service for team staff (coaches, managers, safety persons) across the country. HU allows us to provide quality learning with a standard delivery message in servicing our members, specifically team staff. With the use of online education, volunteers in Manitoba (and the country) will now receive a consistent and user friendly educational program accessible at the convenience of the user. Over the past several years there has been many requests to provide an online service for coach training. Hockey Canada and Hockey Manitoba are pleased to now offer this flexibility and convenience to our members. Online education will benefit our volunteers in a number of ways - bringing hockey education into the 21st century!



## LONG-TERM ATHLETE DEVELOPMENT

"Better athletes, better hockey players"

Sport Canada's Long-Term Athlete Development (LTAD) Resource Paper "Canadian Sport for Life" sets out a framework for sport development in Canada. To meet the goals of the LTAD, Hockey Canada and its provincial branches developed a hockey-specific model to foster better athletic development of our players. The Hockey Canada Long-Term Player Development (HC-LTPD) is a model based on the physical, mental, emotional and cognitive development of children and adolescents. Each stage reflects a different point in developing the athlete.

Effective practice planning for age appropriate skills, half-ice practices, combined teams & age category practices, off-ice practices are all important pieces of the puzzle that minor hockey coaches can contribute to better player development. Visit our website to view specific development outlines by age division to give associations, coaches, players, and parents an indication of what we all need to do in order to optimize athlete development for our players.



Focus on hockey

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