



HOCKEY CANADA  
2424 University Drive NW, 2424, promenade University N.O., Calgary, AB T2N 3Y9  
Phone/Tél : (403) 777-3636 Fax/Télé : (403) 777-3635 [www.hockeycanada.ca](http://www.hockeycanada.ca)

Sept. 09/10

To: Branch R-I-C's

From: James Mays, Hockey Canada, R-I-C

Re: Clarification

Gentlemen:

We have been fielding many questions about the “lacrosse style” move which has now been recognized as a legal manoeuvre. At the outset the discussion surrounding this was basically directed at usage on penalty shot situations, but the questions have arisen about what happens during actual game situations, where the “lacrosse style” manoeuvre is employed.

I do not think this will be a problem and I don't think this play will be predominant during a game itself, regardless the following clarifications shall apply.

If a player picks or scoops up the puck in a lacrosse style motion in an effort to pass, shoot or throw the puck, for any reason including an effort to score on the opposition, this shall be considered legal, with the following exceptions.

- 1) Rule 8.3(a) & (d) carrying the stick above the normal height of the shoulders or contacting the puck above the normal height of the shoulders.
- 2) Or if in the act of the lacrosse style manoeuvre the player attempting should commit an infraction under some other rule, High sticking, Slashing, Spearing, etc.

Keep in mind as well that if the “lacrosse style” manoeuvre is being used as an attempt to score, then the player attempting would have to release the puck from his stick at a height lower than the crossbar. As this is the recognized factor in determining a disallowed goal.

Hope this helps to answer some concerns.

James Mays