



ANNUAL ISSUE - 2013-14

POWER PLAY

**Better Athletes, Better Players;
“THINKING INSIDE THE NEW BOX
FOR PLAYER DEVELOPMENT”**

HALLI KRZYZANIAK WORLD CLASS



**JONATHAN TOEWS
BRINGS THE CUP HOME**



**KNOW YOUR
HOME TEAM**



PRESIDENT'S MESSAGE

It is our pleasure on behalf of the Board of Directors and Staff, to welcome everyone to another exciting, eventful and enjoyable hockey season.

As an organization we are committed to the development of the sport and it remains our goal to provide meaningful opportunities and program experiences at all categories for over 30,000 members, from entry level novice through to the elite senior level.

Hockey Manitoba is pleased to be able to provide the Power Play magazine as a valuable educational tool, to promote and communicate the variety, depth and assortment of our programs, as well as demonstrating the benefits and value of been associated with the game. Hockey is a great avenue for expression and in order to preserve and maintain this quality, our programs are tailored so that they are delivered to players and coaches, at all levels within the system.

Hockey is the sport of choice for the majority of sporting Canadians. Whether involvement is as a player, coach, parent, volunteer, or is simply following the game in the media, the common denominator for everyone is passion. Fun, discipline, sportsmanship and social interaction are the underpinning fundamentals of the game, and the cornerstone for long term survival and continuance. Everyone associated with the game has a role to play in order for these concepts to be maintained. Hockey as a sport can be consuming and addictive, it is Hockey Manitoba's role to ensure that we apply fairness, structure and organization so all the qualities of our programs can be evenly preserved.

As the Sport Governing Body, conscience and caretaker of the game, Hockey Manitoba takes our role very seriously. We consider the safety, enjoyment and well being of all our members a top priority. It is important for all members to respect the game, participants, coaches and officials.

Once again, on behalf of our Board of Directors and Staff, we would like to wish all members and enjoyable, productive and exciting season. We hope that all of your memories are positive.

Sincerely,

Bill Whitehead
President

Peter Woods
Executive Director

TABLE OF CONTENTS

ABOUT HOCKEY MANITOBA	4
OUR ORGANIZATION	5
HOCKEY MANITOBA BY THE NUMBERS	6
2013-14 SEASON PREVIEW	7
DEVELOPMENT PROGRAMS	8
LONG-TERM ATHLETE DEVELOPMENT	10
COACHES PROGRAM	14
OFFICIALS PROGRAM.....	16
2013 RECOGNITION.....	17
VOLUNTEER OF THE YEAR	18
AWARDS & SCHOLARSHIPS	19
PROVINCIALS PRESENTED BY CARGILL LTD.	20
DIRECTOR'S CUP PROSPECTS.....	22
TURNING 100	23
KNOW YOUR HOME TEAM	24
FROM JAMAICA TO THE WHL.....	27
GOVERNANCE CHANGES & SEASON OPENER.....	28
HOCKEY MOVES HALLI KRZYZANIAK.....	29
BODY-CHECKING	30
WESTERN HOCKEY LEAGUE DRAFT	31



CLUB HOCKEY CANADA

The new membership benefits program developed by Hockey Canada.

Visit www.clubhockeycanada.ca for more information.

ESDALE FROM CONCEPT TO COMPLETION...
WE DO IT ALL!

- CALENDARS
- POSTCARDS
- BUSINESS CARDS
- FLYERS
- POSTERS
- MAGAZINES
- ANNUAL REPORTS
- LETTERHEAD
- ENVELOPES
- NEWSLETTERS
- BOOKLETS
- BANNERS
- RINK BOARD SIGNS
- DECALS
- SIGNS
- BILLBOARDS
- VEHICLE GRAPHICS
- MAGNETS
- SANDWICH BOARDS

...AND SO MUCH MORE!

OFFSET / DIGITAL / LARGE FORMAT / DESIGN

(204) 957-4900
WWW.ESDALEPRINTING.COM



Congratulations to Jonathan Toews on winning his second Stanley Cup with the Chicago Blackhawks this past June. Thousands of excited fans gathered on July 19 at the Jonathan Toews Community Centre for his victory party.

Photo credit: Katrine Levesque



WHO WE ARE

"GROWING THE GAME SINCE 1914"



OFFICIAL PARTNERS



SPORTS PARTNERS



EVENT PARTNERS



ABOUT US

Hockey Manitoba is proud to represent a rich tradition of hockey excellence for nearly 100 years. Our sport is embedded into the fabric of our province's society therefore it is an honour to be a part of the passion and dedication shared by so many fellow Manitobans!

Hockey Manitoba was established in 1914 as the Manitoba Amateur Hockey Association (MAHA). In 1995 the Association registered the business name "Hockey Manitoba", now only for Legal proceedings shall the organization be referred as Manitoba Amateur Hockey Association (MAHA). For all other purposes, the organization is known as Hockey Manitoba. Hockey Manitoba is an organization of voluntary members and a small professional staff unit designed to promote and develop amateur hockey throughout Manitoba in affiliation with Hockey Canada, Sport Manitoba, and our member Regional Hockey Associations, Minor Hockey Associations and Leagues.

Each season Hockey Manitoba registers approximately 32,000 members through various hockey programs. This includes all coaches, officials, players and volunteers who represent a wide demographic of ages from both genders and a variety of cultural backgrounds.

WHAT WE DO

Provincial governing body of hockey in Manitoba, a member branch of Hockey Canada and Sport Manitoba. Hockey Manitoba is responsible for a wide variety of operational and governance functions within the game of hockey including; player development, coach development, officials development, recruitment and retention, membership services, provincial championships, and much more!

OBJECTIVES

The objectives of Hockey Manitoba are as follows:

- To develop a planned program of leadership in all areas related to the development of Hockey in Manitoba.
- To promote, form and govern senior, junior, recreational and minor hockey for both males and females and such

other categories which may be established within the province of Manitoba.

- To facilitate development programs for our coaches and officials
- To secure the enforcement of the rules of the game of hockey as adopted by Hockey Manitoba and to decide and adjust all matters in disputes between various clubs affiliated with Hockey Manitoba.
- To conduct matches between member clubs to determine provincial champions and representatives to inter-provincial championships and Hockey Canada Championships.
- To encourage, develop and foster amateur hockey in the province of Manitoba.

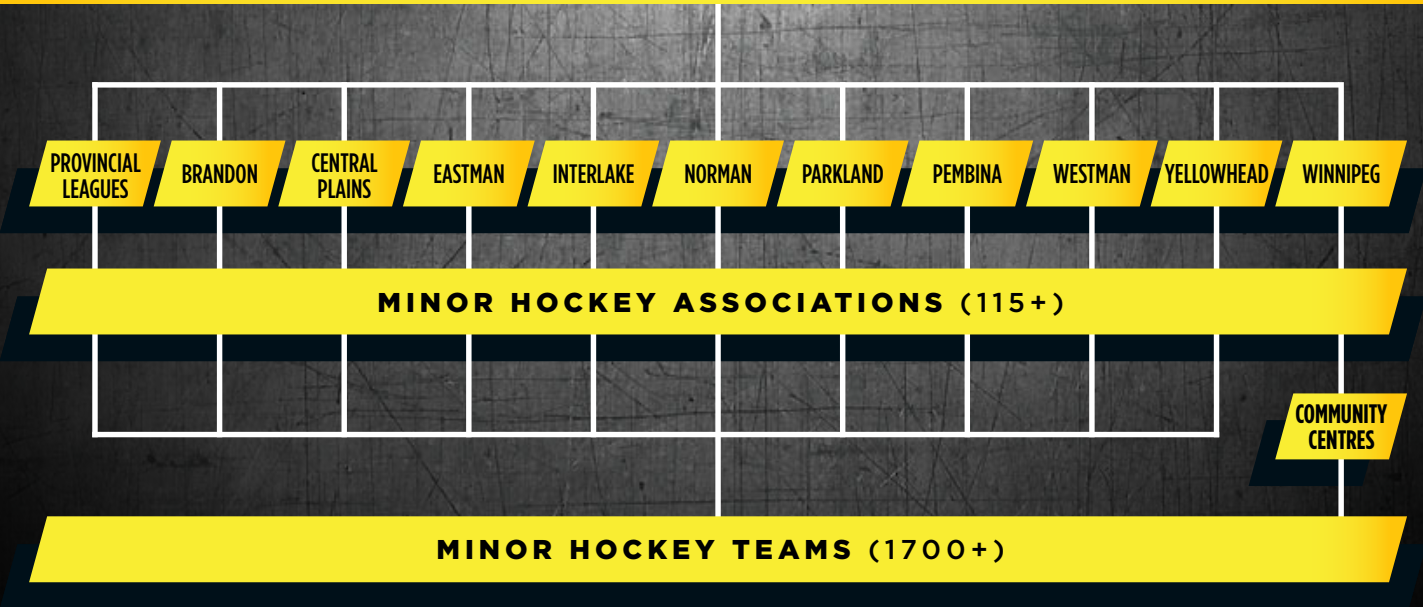
BELIEF STATEMENTS

Hockey Manitoba Believes...

- In a positive hockey experience for all participants, in a safe, sportsmanlike environment.
- In the development of life skills which will benefit participants throughout their lives.
- In the values of fair play and sportsmanship, including the development of respect for all people by all participants.
- In hockey opportunities for all people regardless of age, gender, colour, race, ethnic origin, religion or socio-economic status.
- In the importance for participants to develop dignity and self-esteem.
- To instill the values of honesty and integrity in participants at all times.
- In the promotion of teamwork, and the belief that what groups and society can achieve as a whole is greater than that which can be achieved by individuals.
- In the Province of Manitoba, its tradition in the game of hockey, and the proud and successful representation of this tradition around Canada.
- In the value of hard work, determination, the pursuit of excellence and success in all activities.
- In the benefits of personal and physical well-being.



ORGANIZATIONAL CHART



HOCKEY MANITOBA'S REGISTRATION

BY THE NUMBERS

PLAYERS	2008-09	2009-10	2010-11	2011-12	2012-13
Male	20,098	20,430	20,336	23,500	24,462
Female	4,137	4,233	4,192	4,570	4,940
Total	24,235	24,663	24,528	28,070	29,402

2012-13 PLAYERS	Male	Female	Total
Initiation (4,5,6)	3,937	689	4,626
Novice (7,8)	2,063	561	2,624
Atom (9,10)	3,270	703	3,973
Peewee (11,12)	2,982	717	3,699
Bantam (13,14)	2,627	600	3,227
Midget (15,16,17)	2,017	559	2,576
Juvenile (18,19)	215	0	215
High School (15-17)	1,030	51	1,081
Junior A	246	0	246
Junior B,C,OA, W	605	102	707
Senior AAA, AA	14	52	66
Senior A,B,C,D, W	967	76	1,043
Adult Rec	4,489	830	5,319
	24,462	4,940	29,402

2012-13 COACHES	Male	Female	Total
All Levels	4,648	216	4,864

2012-13 OFFICIALS	Male	Female	Total
Level 1-6	1,724	137	1,861

2012-13 QUICK HITS	TOTAL	
Total Participants	36,127	(Players + Coaches + Officials)
Total Teams*	2,010	*(Reconciled Total TBD)
Total Volunteers*	3,600	*(Estimated Total)
Total Households*	30,000	*(Estimated Total)
Extended Audience*	144,508	*(= Total Participants x 4.00)



2013-14 season SUMMARY OF EVENTS

KEY EVENTS & PROGRAMS	DATE	LOCATION
2013-14 Season Opener	Sep 27-29, 2013	Winnipeg, MB
Coach Training Clinics	Sep-Dec	Various Locations
Officials Certification Clinics	Sep-Dec	Various Locations
Hockey Manitoba Face-Off!	Nov 3, 2014	Winnipeg, MB
MTS Showcase Challenge	Oct 4-6, 2013	Winnipeg, MB
Just Play Programs	Oct-Feb	Various Locations
U-16 Team Manitoba (WC U-16)	Oct 31 - Nov 3, 2013	Calgary, AB
U-18 Team Manitoba (NW U-18)	Nov 6-10, 2013	Calgary, AB
Female Bantam AAA Showcase	Dec 6-8, 2013	Ste. Anne, MB
Semi-Annual Council Meetings	Jan 17-18, 2014	Winnipeg, MB
U-17 Team West (World U-17)	Dec 28 - Jan 4, 2014	Cape Breton, NS
Female Bantam AAA Showcase	Feb 15-17, 2014	Winnipeg, MB
Scotiabank Girls HockeyFest	Feb 16-17, 2014	Winnipeg & Brandon, MB
Hockey Manitoba Provincials	Feb 21 - Mar 23, 2014	Various Locations
2014 Manitoba Games	Mar 2-8, 2014	Morden-Stanley-Winkler, MB
Bantam AAA Provincials	Mar 14-16, 2014	Carman & Portage la Prairie
Reebok Skills Spring Break Camp	Mar 31 - Apr 3, 2014	Winnipeg, MB
Director's Cup Prospects	Apr 25-27, 2014	Warren, MB
Future Stars - Development Squads	Apr 11-13, 2014	Various Locations
Hockey Manitoba Cup	Apr 16-19, 2014	Winnipeg, MB
Sr.A Provincials	Apr 10-19, 2014	TBA
Reebok Skills - High Performance	Apr 1 - May 30, 2014	Winnipeg & Brandon, MB
Jr.A Western Canada Cup	Apr 25 - May 4, 2014	Dauphin, MB
Annual General Meeting	May 2-4, 2014	Winnipeg, MB
Annual Awards Luncheon	May 3, 2013	Winnipeg, MB
U-16 & U-18 POE TOP-40 Camp	May 8-11, 2014	Portage la Prairie, MB



HOCKEY MANITOBA FACE-OFF

PRESENTED BY: *Tim Hortons*

Since 2010, the Hockey Manitoba Face-Off provides Initiation (6-under) players the extraordinary opportunity to start up their season, and for some their hockey careers. Participants register online with a nominal fee and are given a fun day of hockey with jerseys, socks, gifts, game music, and many other event details that provide a lasting experience for years to come.

Scotiabank **GIRLS** HockeyFest

Hockey Manitoba & Scotiabank are proud to give girls the opportunity to learn hockey skills from some of the best female hockey players in the world. As a proud supporter of kids' community hockey, Scotiabank is happy to provide this event free of charge to all participants. Save the date for this year's event; February 16 in Winnipeg and Feb 17 in Brandon.

DEVELOPMENT PROGRAMS



HOCKEY CANADA SKILLS CAMPS



The Hockey Canada Skills Camps are one-day camps that focus primarily on fundamental skill development. Any Minor Hockey Association can apply to host a Hockey Canada Skills Camp! Each camp is designated for Atom & Peewee groups with a minimum of 60 participants required to host a camp. The players attending the camp will participate in on-ice sessions with expert instruction for the opportunity to enhance their hockey skills. Participants also receive instruction on fair play, respect, and teamwork in a classroom setting. Registration is \$70/player which includes 2 ice sessions, classroom session, jersey, water bottle, and other Hockey Canada items! Visit www.hockeymanitoba.ca to find a camp in your area or to submit a host application.

FUTURE STARS - DEVELOPMENT SQUADS

The Future Stars program will be a refreshed continuation of the former Regional Development Squads but will see significant technical & branding support to enhance program delivery. The program will provide development for Peewee players across the province including Rural Female Peewee players, Rural Major Peewee Male Players, and will also explore to host a condensed camp-like program for Winnipeg players.

The new program will see monthly ice sessions throughout the season where players registered within their region will skate in extra-curricular development sessions outside of their club team schedule. Once the regular season and playoffs conclude the sessions increase in frequency. The program then concludes in early April with Future Stars Tournaments held in various locations each season. Keep posted to www.hockeymanitoba.ca for specific location/gender details & registration information.

Director's Cup Prospects



The Director's Cup Prospects program is a 5-week standardized skills development program that focuses on key concepts and skills applicable to the "Train to Train" athlete development stage and will serve as the most important precursor to the U-16 Program of Excellence & Team Manitoba for Minor Bantam players. The prospects program also emphasizes off-ice skills and off-ice fitness training with professional instruction designed specifically for the age and level of these athletes. The program will culminate with Director's Cup Prospects Tournament being held April 25-27, 2014, host location(s) TBA.

In addition to preparing players for the U-16 Program of Excellence, this prospects program ensures participants will be ready for their "draft" year the following season; WHL Bantam Draft and MJHL Bantam Draft. Participants of Director's Cup Prospects will also be evaluated for invites to the 2014 WHL Skills Combine to be held in August 2014 in Winnipeg. Keep posted to www.hockeymanitoba.ca for program details, registration, and general information.

Reebok Skills - Spring Break Camp



Hosted by Hockey Manitoba & MTS Iceplex, this 4-day camp is the premiere skills camp during your spring break providing exceptional on-ice and off-ice instruction at a world class facility! Participants enjoy two ice sessions each day along with specialized training in Focus Fitness, THC Skills training, and special classroom presentations. Most importantly the camp also provides an exciting and fun atmosphere with facility tours, Sport Manitoba Hall of Fame visit, and more fun events within the camp. Keep posted to www.hockeymanitoba.ca and www.mtsiceplex.ca for program details & registration opening soon.

Reebok Skills - High Performance Series



This program runs for 8 weeks (April-May) and is devoted to the development for Major Bantam and Minor Midget female players. The program specifically serves as a prospect development initiative for the U-18 Program of Excellence & Team Manitoba, along with the Manitoba Female Midget Hockey League. The program holds weekly on-ice & off-ice sessions which will be offered in both Winnipeg and Brandon locations with elite instruction coordinated by Hockey Manitoba. Keep posted to www.hockeymanitoba.ca for program details, registration, and general information.

Hockey Manitoba Goaltending Convention

Initial plans are in the works for a special project dedicated to cover the state of goaltending in our province and address key areas of success along with needs for enhancement. Possible events for this convention will include; seminar for all coaches covering drill design to best use goalies & fundamentals of mentoring goalies, goalie specific coaches round-table, development hot stove session open to goalies, parents, coaches & associations, and on-ice goalie development clinics for Atom-Midget goalies. Tentative dates July 7-13, 2014; keep posted to www.hockeymanitoba.ca for program details as they develop!

Score BIG with Canad Inns!

As a proud sponsor, Canad Inns offers a **\$115 rate*** at any of its Manitoba Destination Centres.
*Conditions apply.

CALL or EMAIL us today for great Team Fundraisers, Team Wind-Up Dinners & Pool Parties!
talk2us@canadinns.com
204-697-6559

Use the rate code "Hockey MB/Groups" when booking

Canad Inns... it's your destination for fun!

Each of our 7 Winnipeg Destination Centres and our facilities in Brandon and Portage la Prairie offer a stunning variety of accommodations, wonderful restaurants, pubs, gaming lounges and Splasher's Indoor Pools and Waterslides.



Your Destination Centres*



Your Destination Centres*

call toll free:

1-888-33-CANAD (2-2623)

or go online:

canadinns.com

*Plus applicable taxes, subject to availability for single/double/triple/quad guest rooms at time of booking. Does not apply to third-party tournaments. Blackout periods may apply. Available for Team Group Bookings of 10 or more rooms only. Rate not available at Canad Inns Destination Centre Brandon. Valid to May 31, 2014



Your Team Party Headquarters!



GET YOUR TEAM ON OUR ROSTER

Apply for Team Sponsorship today and receive:

- » Cash Sponsorship for your team «
 - » Great Food and Beverage deals at Tavern United! «
- Email talk2us@canadinns.com for details or to apply!



BOOK TODAY TO RECEIVE:

- * A complimentary dining room for your team
- * 1 hour of complimentary team swimming at Splasher's Indoor Pool & Water Slide

To book your party or for more details call: **204-697-1495**

tavernunited.com

LONG-TERM ATHLETE DEVELOPMENT

HOCKEY IS A LATE SPECIALIZATION SPORT

It takes players a lot of years to be great.



LATE SPECIALIZATION – HOCKEY

Specializing before the age of 10 in late specification sports like hockey can be detrimental to your child:



THINKING INSIDE THE “NEW BOX” FOR DEVELOPMENT

By: Kyle Prystupa
 Manager, Development & Communications
 Hockey Manitoba

For several years you may have heard the words “long-term athlete development model” and “long-term player development model.” Although the title and concept seems to be fairly straight forward, the intricacies of the model and its contents can leave even the most adept hockey person overwhelmed.

Depending on your stake in the game the model will have different points of emphasis to you, whether you’re a player, coach, volunteer, parent, scout or administrator. Nevertheless, if your role in the game is overtly influenced by certain segments of the model, the entire model should have impact on all pieces of the game today.

Admittedly as a provincial branch, and as a country for that matter, we’re behind in adopting key principles and philosophies of athlete development in the way we operate minor hockey. This is partly because hockey is such a way of life in our country & province it’s tough to change from routines, and in some eyes tradition. The other part is likely due to a lack of understanding on how we all have responsibility to understand the athlete & player development models and begin make change in each of our various sectors. Some hardliners may say it’s “pushing the panic button, don’t worry, we’re still the best as a country”, which we definitely are, but it’s about keeping current and if at all possible seeing the curve before it turns. It’s about realizing that this isn’t thinking outside the box, it’s that we’re on the outside looking into the new box and we need to jump in.

Looking at our neighbours to the south, there’s no coincidence about why USA Hockey is sustaining success across numerous states including non-traditional hockey markets. This success within developing young athletic players has pushed the level of competition from the ground up and has helped bring a winning pedigree to US National teams in recent years, most notably at the World Junior stage. Since 2008-2009 USA Hockey has pushed their American Development Model (ADM), which is an outstanding package for explaining and implementing athlete development principles across minor hockey in the USA. Yes, we have a similar model in Canada that was unveiled in approximately 2010, but with far less fanfare, marketing, advocacy and therefore less influence for our branches, associations, and teams thus far. Hence, *admittedly as a provincial branch, and as a country for that matter, we’re behind in adopting key principles and philosophies of athlete development in the way we operate minor hockey* – and now’s the time we progress towards a gold standard of athlete development.

The Action Items:

It's about developing our base of all players.

Keep a broad focus on development for all players not just the gifted players. Have patience; by building a strong foundation of players with core skills the overall product down the road will significantly better all your players from top to bottom.

It's about performance, not winning.

Yes, we want to win, it's important to be competitive. But it's not about winning it's about performing and therefore a byproduct of executing skills will be winning. If not immediately, down the road – maybe not this season, maybe even not next season, but skill will prevail. The desire to win needs to be greater than the fear or hate of losing. If we're being honest, the cliché of “I hate losing more than I love winning” is a self-fulfilling prophecy that will continue to cause roadblocks to implementing athlete development principles. If we're overly focused on the immediate result we're bound to regress because we're not staying patient and we're easily losing sight of those two key words in the models' titles – long term.

It's about creativity, not mechanical drones.

Facilitate opportunities for young players to be creative. This may mean less regimented practicing at times. What? Yes, providing opportunity for “freedom of skills expression” is a positive thing. This doesn't mean we don't practice anymore, it just means let's give kids time in a week to go to the outdoor rinks and just play the game, lets ensure we have 15 minutes of skills free time at practices (even though we just ran 45 minutes of skills). We can't package creativity in a box or manual, like any art form it's found within the individual. A young player is not going to become creative in a drill of which they're likely afraid to mess up and face criticism from a peer or coach.

It's about having an off-season and playing multiple sports.

Focusing on just one or two sports early on in a child's life is a recipe for injuries, burnout, and capping skill potential. The research supporting the athlete development model and player development model shows that early-specialization for young athletes often lead to injuries due to over-use of the same muscles over an extended span. Burnout is also a side effect of early-specialization and likely one of the most significant factors in retaining registration numbers for our sport. Lastly, by not expanding the athletic portfolio of a young player during peak skill acquisition years will limit the overall potential a player can obtain, thus diminishing our strength collectively from top to bottom.

It's about the way we structure our practices.

For years we've done things a certain way and it's tough to change – but we need to. We assign teams their practices each season, everyone receives X amount of ice and pays X amount of dollars. We always say hockey is expensive, so why not structure our practices so that we can be efficient with ice time thus money and apply athlete development principles while doing so. How so? One way is to have more shared ice practices where teams, likely within the same association, cut the ice in half and run their respective practices. This is a great tool for some excellent practices, and therefore skill development that has been used intermittently for several years. Another option, thinking inside the new box, is to have multiple teams practice together – why can't the St. James Peewee team

Facilitate opportunities for young players to be creative.

practice with the St. Vital Peewee team at the same time, several times a year (or Carmen & Winkler, etc)? By having more players, multiple goalies, and multiple coaches a more effective practice can be designed for better skill development, and in the end more fun at practice. At more advanced levels of hockey, why do we need to practice on-ice 3-4 times per week? Use your ice time for skills & individual tactics then schedule an off-ice practice at your local gymnasium to walk through team concepts and systems depending on the age & level you're at, or just have a fun team builder, or both.

It's about the way we structure our season.

We live in Manitoba and kids are done hockey when there's still snow on the ground. What? Let's keep playing organized hockey until early spring, just before the sport fields dry and those spring/summer sports begin. Hockey Canada's model calls for the season to start with skills programs pushing the actual regular season game schedule later and then using short-term playoffs at the very end of the year so that teams are not eliminated from play in February or early March. Also by slightly spreading out the season it allows for less pressure on the facilities schedule throughout the season because now teams can in turn slightly spread out their frequency of practice & game schedules. Once the season ends the onus is on parents and players to take an off-season, rest, train, play other sports, and focus on skills when hitting the ice, not team practices & tournaments.

Love and passion will craft an appetite for competition & excelling.

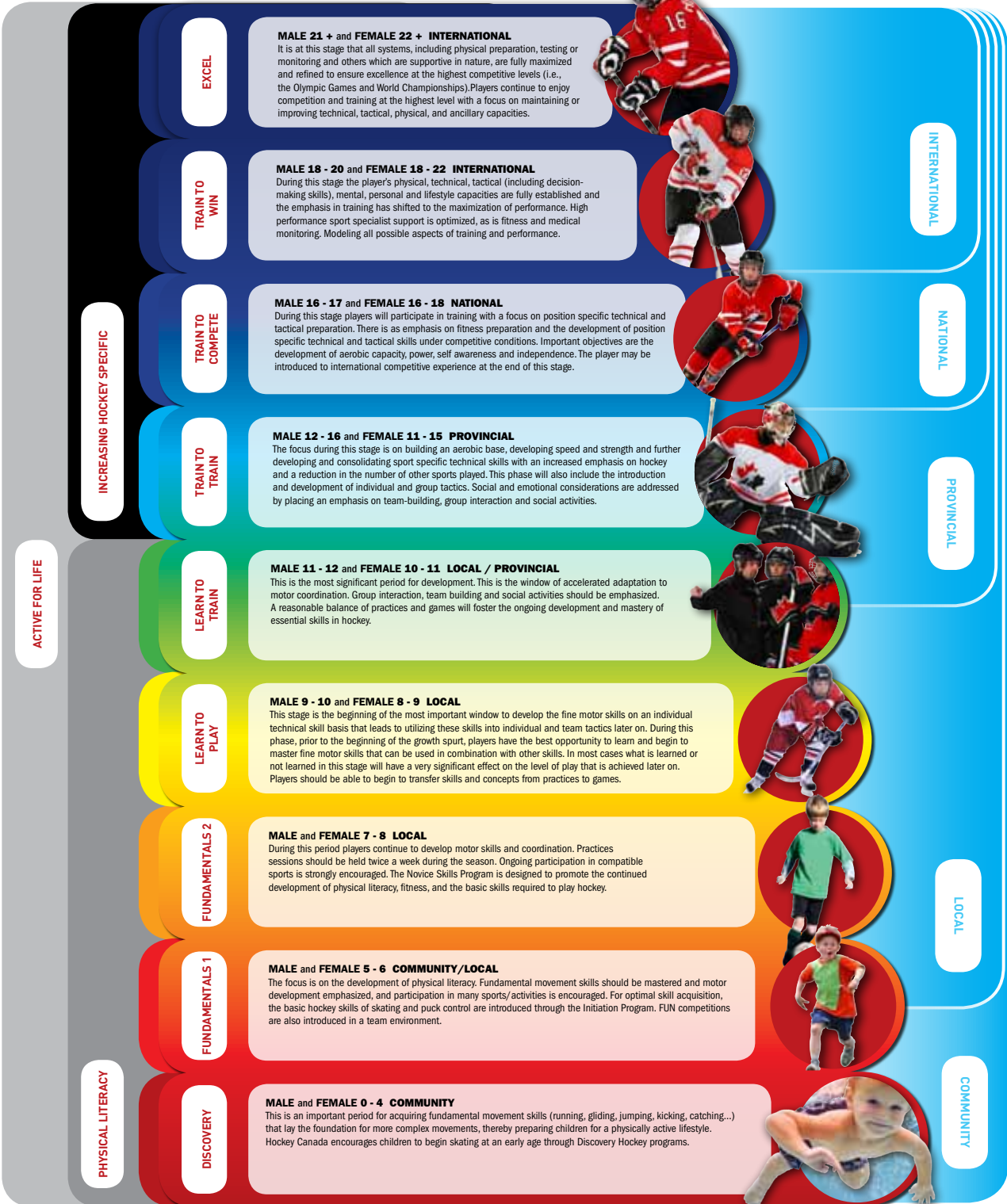
As noted previously, a key factor of athlete development principles is growing the player base for a strong foundation that helps better skills from top to bottom. In order to do this we must provide opportunities for players to fall in love with the game fully. Almost all kids love the game to a certain degree, but by ensuring rewarding and quality programming we can facilitate kids in truly loving to play organized hockey. A kid may love the game, love to watch it on TV, go to Jets or Wheat Kings games, but not truly love to play the game because their experience at the rink with their team and coach is subpar. As parents we need to ensure we moderate the hockey season and hang up the skates once the ice melts so that come September that passion to play is at it's true organic peak, and not just a manufactured excitement since the child has been playing non-stop all spring & summer anyway. Keep the game from becoming an onerous task

When we sum it all up there's much work to do, much to evaluate and many decisions to make to ensure we're thinking inside the “new box.” Hockey is Canada's game, so together, let's keep it that way and develop athletes.



HOCKEY FOR LIFE, HOCKEY FOR EXCELLENCE

Sport Canada's Long-Term Player Development (LTPD) Resource Paper "Canadian Sport for Life" sets out a framework for sport development in Canada. Hockey Canada's Long Term Player Development (LTPD) is a nine stage model based on the physical, mental, emotional and cognitive development of children and adolescents. Each stage reflects a different point in developing the player. The first four stages emphasize physical literacy and a broad range of sport experiences. The next five stages focus on development and competitive excellence. Active for Life encourages life-long physical activity and informed healthy lifestyle choices with participation in hockey long after the competitive years.



HockeyCanada.ca

They're ready for their first smartphone.



Sony
Xperia™ J

Nokia®
Lumia 710

- Unlimited text, picture and video messaging
- Unlimited calling to any 5 local numbers, mobile or landline
- Call Display & Voicemail Lite

PICK 5 PLAN

\$20*
— A MONTH —

Bonus: 10% off your plan if you bring in your own device.



/talktoMTS

Visit an MTS Connect store or mts.ca for details.

MTS®

*Conditions apply. Offer is for a limited time and subject to change. Unless otherwise indicated, unlimited text, picture, and video messaging is available in Canada only and to Wireless devices that have been activated with a Canadian carrier. Pick 5@ features: caller must make and receive calls within Manitoba. Calls outside local calling area will incur long distance charges. Visit mts.ca/pick5changes for details or picking your numbers. Price of calling plan reflects fixed monthly access fee only and does not include activation fee, 411 and service/administration charges or any additional usage/ features. 10% discount for bringing your own device only applies to the base cost of the plan, not on any additional features or charges incurred. Requires the purchase of an MTS SIM card. Discount cannot be combined with other percent (%) discount based promotional offers. If bringing a device from another wireless provider, device must be unlocked by original wireless provider. Hardware subject to availability and service is subject to technical and network limitations. ©2013 Nokia. All rights reserved. Nokia and Lumia are trademarks or registered trademarks of Nokia Corporation. Sony Xperia™ J image ©2013 Sony Mobile Communications AB. Xperia is a trademark of Sony Mobile Communications AB. Pick 5 and MTS design mark is a registered trade-mark of Manitoba Telecom Services Inc., used under license. All other trade-marks are property of their respective owners.



HOCKEY MANITOBA

COACHES PROGRAM



MAKE SURE TO PICK UP YOUR COACHES TOOL KIT FROM YOUR MINOR HOCKEY ASSOCIATION.

WHAT TRAINING DO I NEED TO COACH?

All coaches must achieve “Trained” status by December 1st in order to remain eligible for the remainder of the season. Individuals must complete the online modules delivered through Hockey University then fully attend & participate at an in-person coach clinic to achieve “Trained” status (formerly referred as “certified”).

The course you require to be “Trained” in is specific to the level you are currently coaching. Each course stream of training is designed to cover the pertinent learning & skills content appropriate for the level of athlete which you’ll currently be coaching.

All team staff (coaches, managers, & safety persons) at all levels require Respect In Sport certification (online).

DIVISION/CATEGORY	HEAD COACH	ASSISTANT COACH
Initiation (6 & Under)	Intro Coach (IP)	Intro Coach (IP)
Novice	Intro Coach (IP) OR Coach	Intro Coach (IP) OR Coach
Atom	Coach	Coach
Peewee	Coach	Coach
Bantam AAA	Dev. 1	Coach
Bantam AA, A, B, C, D	Coach	Coach
High School	Coach	Coach
Midget AA, A, B, C	Coach	Coach
Midget AAA	HP1	Dev.1
Juvenile	Coach	Coach
Junior A	HP1	Dev.1
Junior B	Dev. 1	Coach
Junior C, OA, Female	Coach	Coach
Men's Senior AAA	Dev. 1	Coach
Men's Senior A, B, C, D	Respect in Sport	Respect in Sport
Women's Senior AA, A, B	Dev. 1	Coach
Program of Excellence	HP1	Dev.1
Canada Games	HP1	HP1
Manitoba Games	Dev. 1	Coach

COACH SPECIALTY CLINICS

To best serve our players, Hockey Manitoba in cooperation with Hockey Canada's National Coach Mentorship Program (NCMP) are proud to offer our coaches the opportunity to add extra-curricular qualifications to your coaching resume. Better coaches equals better players!

Our Specialty Clinics offer coaches mentoring and instruction on player development specialties. Specialty Clinics are a great way to polish your teaching methods of important hockey skills to young players.

See what clinics we can offer; Teaching Body Checking, Developing Skilled Defensemen, Puck Control, Shooting & Scoring, Skating, Competitive (Small Area) Games, Coaching Goaltenders, Starting a Breakfast Club.

HOCKEY UNIVERSITY

Hockey University (HU) is an online education tool developed by Hockey Canada as a service for team staff (coaches, managers, safety persons) across the country. HU allows us to provide quality learning with a standard delivery message in servicing our members, specifically team staff and officials. With the use of online education, volunteers in Manitoba (and across the country) will now receive a consistent and user friendly educational program accessible at the convenience of the user. Over the past several years there has been many requests to provide an online service for coach & officials training, Hockey Canada and Hockey Manitoba are pleased to now offer this flexibility and convenience to our members. Online education will benefit our volunteers in a number of ways – bringing hockey education into the 21st Century!

Hockey Manitoba requires all Intro Coach (Initiation Program) and Coach Level candidates to complete the 4 hour online component PRIOR to registering and attending a 5 hour in-person clinic which includes a 1 hour on- ice session. This online portion on Hockey University is titled "HU -Comm Coach Stream". The HC Safety Program is now completely online as an 4 hour online component with no in-person clinic. Once the online "HU - Comm Coach Stream" is completed, coaches will then be eligible to register for Intro Coach (Initiation Program) and/or Coach Level in-person clinics.

You only have to complete the HU segment once!

Hockey University, which includes Intro Coach (Initiation Program), Coach Level, Hockey Safety and Officials educational information, will be accessible through your eHockey accounts. The program, which consists of 12 modules for coaching and 18 modules for safety, has been designed to allow individuals to complete at their convenience and may be revisited at any time during the year. However, it is strongly encouraged to complete all of the HU modules immediately upon receiving your coaching position so that you may have the best chance to register for the in-person clinic that is most convenient for you. You must complete the HU segment before eHockey will allow you to register for a clinic.



REMINDER: YOU MUST COMPLETE HOCKEY UNIVERSITY & RIS (ONLINE) BEFORE YOU CAN REGISTER FOR A CLINIC



HOCKEY MANITOBA

OFFICIALS

PROGRAM

Officials are the third team on the ice, without whom the game would not happen. It is an official's responsibility to ensure that the rules of hockey are enforced, and that the game is played fairly. Each year Hockey Manitoba proudly certifies over 1,800 officials all across the province.

Hockey Manitoba officiating clinics are presented annually between September and early November. Each official must attend an officiating clinic each year in order to re-certify for the upcoming season. There are six levels in the Hockey Canada Officials Program (HCOP), which are the foundation for training and development of officials. The program offers clinics for officials at all levels from the youngest age groups and divisions of minor hockey through to the top levels of hockey in Canada, and international competition.



#HM_OFFICIALS

Visit hockeymanitoba.ca/officials for more information about officials clinics and to see recent news, special achievements, and resources for Officials!

HOCKEY MANITOBA

RECOGNIZES

2013 Volunteers of the Month



SEPTEMBER

BRAD KIRK, (Eastman)

OCTOBER

DON WILSON, (Brandon)

NOVEMBER

DENNIS PARK, (Winnipeg)

DECEMBER

BRENT MCMILLAN, (Westman south)

JANUARY

DON CITULSKI, (Yellowhead)

FEBRUARY

DARCY DEARSLEY, (Pembina Valley)

MARCH

DARREN COOK, (Central Plains)

MARCH

PERRY LAMB, (Parkland)

APRIL

JOHN MCNEVIN, (Norman)

APRIL

GRANT SIGVALDASON, (Interlake)

2013 Hall Of Fame Inductees

PLAYERS

Mike Ford

Bill Mikkelson

Gerry James

Vaughn Karpan

Bill Watson

Ed Hoekstra

OFFICIAL

Bob Thompson

BUILDERS

Wayne Chernecki

Wayne Fleming

Don MacKenzie

Tom Miller

Bruce Southern

Al Tresoor

Ian Heather



TEAMS

2003 Ile des Chenes North Stars

1951 Winnipeg Monarchs

1972-73 St. Malo Warriors



VOLUNTEER OF THE YEAR

IVAN GULAY



Ivan currently resides and works in Arborg and his involvement in hockey spans nearly 5 decades as a player, coach and team manager. He is a father of 3 and is employed locally as a Manager at Paterson Elevators. In addition to his full time employment he

owns and operates a grain farm and has served the community in a variety of levels.

Ivan played all of his minor and senior hockey in Fisher Branch and Arborg and is a person most people reference with the comment, "If you want something done ask a person who is busy not a person who has time on their hands".

He has coached at all levels in the system from squirts to midget and is one of 3 founding members of the Arborg Ice Dawgs Junior B team and is the current President and League Governor of the 2 time KJHL Champions.

This past season Ivan coached the Arborg midgets and despite the depletion of a large number of players lost to the Interlake provincial and city midget AAA squads. The team was in danger of folding, however his love of the game and positive local influence convinced the balance of the players to remain in the game.

Ivan's most recent project involved organizing

the Arborg Avalanche & Falcons Senior Hockey Reunion. As the Chair of the committee Ivan was directly responsible for spearheading the event raising over \$8,000 which has been earmarked to build 2 new dressing rooms in the Arborg arena. Ivan also serves on the arena construction committee.

Ivan is a staunch Toronto Maple Leafs fan and was instrumental in planting the seeds and love of the game for current NHL goaltender James Reimer. Ivan coached James as a bantam and contributed to instilling a level in confidence, belief and commitment that has served as a foundation to help launch Jamie towards a career in the NHL.

Ivan is meticulous in his preparation, which has served him in being able to assemble teams that not only excelled on the ice but also helped prepare countless young men assimilating into society during his numerous year involved in the game. Ivan has played an important role in shaping and directing young Manitoba athletes by providing them with the necessary tools to achieve their potential. He is a selfless individual who is determined, dogmatic and resolute.

The Volunteer of the Year is reserved for special individuals that have made extraordinary contributions to the game or sport and Ivan's accomplishments and unselfish commitment stretching almost 5 decades is extremely commendable and worthy of consideration.

Hockey Manitoba is very proud to acknowledge Ivan Gulay as the 2012 - 2013 Volunteer of the Year.



AWARDS & SCHOLARSHIPS

Here's all our winners from the 2012-13 season, be sure to check out the Hockey Manitoba website to apply or nominate for the 2013-14 season!

OFFICIALS AWARDS

BRANDON REGION

Most Deserving – Chris Roney (Brandon)
Most Promising – Jaylan Blad (Brandon)
Most Improved – Paul Swiscoski (Brandon)

CENTRAL PLAINS REGION

Most Promising – Sarah Thompson (Portage la Prairie)
Most Improved – Aaron McEachern (Portage la Prairie)

EASTMAN REGION

Most Deserving – Zachary Friesen (Steinbach)
Most Promising – Matt Verhaeghe (Ile Des Chenes)
Most Improved – Matthieu Grossman (Lorette)

INTERLAKE REGION

Most Deserving – Earl Seymour (Ericksdale)
Most Promising – Brittani Schick (Stonewall)
Most Improved – Reid Bruce (Stonewall)

NORMAN REGION

Most Deserving – Barry Rempel (Thompson)
Most Promising – Braden Paulic (Thompson)
Most Improved – Zach Hagborg (The Pas)

PARKLAND REGION

Most Deserving – Gordon Allan (McCreary)
Most Promising – Keith Murkin (Winnipegosis)
Most Improved – Kyle Cherneski (Roblin)

PEMBINA VALLEY REGION

Most Deserving – Gary Smart (Miami)
Most Promising – Charles Bergstresser (Morris)
Most Improved – Jeremy Matuszewski (Winkler)

WESTMAN SOUTH REGION

Most Deserving – Steve Brigden (Melita)
Most Promising – Bryce Watson (Glenboro)
Most Improved – Dayson Geddes (Souris)

WINNIPEG REGION

Most Deserving – Martin Vandernagel (Winnipeg)
Most Promising – Lucas Szczepanski (Winnipeg)
Most Improved – Kyle Carriere (Winnipeg)

YELLOWHEAD REGION

Most Deserving – Emilio Perez (Minnedosa)
Most Promising – Troy Johnson (Minnedosa)
Most Improved – Trent Nelson (Neepawa)

HC OFFICIALS AWARDS

Most Deserving – Peter George
Most Promising – Josh Ginter
Most Improved – Jesse Smith

GRASSROOTS COACHING AWARDS

Larry Shackel (Killarney)
 Chris McColm (Oakbank)
 Clare Jago (Manitou)
 Dale Bear (Hodgson)
 Darren Gataliuk (Brandon)

HOCKEY MANITOBA SCHOLARSHIPS

George Allard Memorial Scholarship – Stefanie Lasuik (Warren)

Jack Forsyth Memorial Scholarship – Tyler Penner (Winnipeg)

Orville Acres Memorial Scholarship – Alicia Van Alstyne (Winnipeg)

Nick Hill Memorial Scholarship – Stacey Shearer (Brandon)

Todd Davison Memorial Scholarship – Matthew Short (Shoal Lake)

Jerry Kruk Memorial Scholarship – Justin Pokrant (Winnipeg)

Trudy Galloway Memorial Bursary – Allyson Wareham (Mitchell)

Hockey Manitoba Scholarship – Rachel Dyck (Winnipeg Beach)

Hockey Manitoba Scholarship – Melissa Blaine (Winnipeg)

Hockey Manitoba Scholarship – Kade Robertson (Winnipeg)

Hockey Manitoba Scholarship – Nicholas Levasseur (Winnipeg)

Hockey Manitoba Scholarship – Caelen Thomson (Winnipeg)

Hockey Manitoba Scholarship – Brooke Drummond (Holland)

Hockey Manitoba Scholarship – Amy Martin (Stonewall)

Hockey Manitoba Scholarship – Derek Zacharuk (Winnipeg)

Hockey Manitoba Scholarship – Taylor Stanton (Treherne)

Hockey Manitoba Scholarship – Courtney Zajac (Winnipeg)

Canad Inns Scholarship – Brittany Ward (Brandon)

Jim Stirling Memorial Scholarship – Kale Robinson (Russell)

Jim Stirling Memorial Scholarship – Colin Grenier (St. Leon)



Hockey Manitoba thanks all membership; players, coaches, officials, volunteers, and parents for a successful 2012-13 season.

Deadline for award applications is March 15, 2014. Visit www.hockeymanitoba.ca/awards.php for more information.

2013 HOCKEY MANITOBA PROVINCIALS

PRESENTED BY



Each season we are proud to host the Hockey Manitoba Provincials presented by Cargill Ltd. Approximately 35 communities across the province host provincial tournaments with 400 team entries and 6,000 players compete for a chance to win a Provincial Championship. Various provincial male & female categories are held in the Atom, Pee wee, Bantam and Midget age divisions. Host sites in all categories are determined in October of each season with all pertinent location information posted on the Hockey Manitoba website. In addition, draws and scores are posted during each event to keep you up to date on all the action. Hockey Manitoba would like to thank the volunteers throughout Manitoba who contribute their time in hosting a provincial championship this season!

Follow the 2014 Provincials presented by Cargill Ltd by visiting;
www.hockeymanitoba.ca/provincials

SENIOR MALE

AAA **Southeast Prairie Thunder**
A **Red River Wild** La Broquerie
B **Melita** Glenboro
C **Hamiota** Kenton

SENIOR FEMALE

B **Northern Stars** Prairie Fire

JUNIOR

A **Steinbach Pistons** Dauphin Kings
B **Peguis Juniors** Selkirk Fishermen
C **Grunthal Red Wings** Steinbach Huskies
OA **Pembina Valley Twisters** Charleswood Hawks
Fem **Manitoba Blizzard** Western Predators

ADULT REC

Div 1 **St. Jimmy-Vital Saints** Selkirk Rivermen
Div 2 **Downtown Dirty Birds** Winnipeg White 11 + 13
Div 3 **Springfield Beauties** Winnipeg For Serious
Div 4A **Flin Flon Whoopers** Team Budwieser
Div 4B **Starbuck Hangovers** Thompson Jets
Div 5A **Gimli Penetrators** Winnipeg Wreckers
Div 5B **Winnipeg Rampage** Vita Beaver Hunters
Women's **Grunthal Red Wings** Winnipeg Regal Women

MIDGET MALE

AAA **Winnipeg Wild** Winnipeg Thrashers
AA **Thompson Portage** Grunthal
A **Beasuejour** Lake Manitoba **Swan River**
B **Fisher River** La Broquerie Lakeside
C **Gladstone** Fairford **Peguis**

MIDGET FEMALE

AAA **Pembina Valley Hawks** Westman Wildcats
A/B **Stonewall** Hamiota **Manitou/Somerset**
C/D **Carberry** Melita **Neepawa**

HIGH SCHOOL

AAAA **John Taylor Pipers** Oak Park Raiders
AA **Neepawa Tigers** Carman Cougars

BANTAM

AAA **Winnipeg Hawks** Interlake Lightning
RAAA **Interlake Lightning** Southwest Cougars
AA **Grand Plains** Northern Knights **Southwest Jets**
A **Dauphin Lake** Manitoba **The Pas**
B **Minnedosa** La Broquerie **Boissevain**
C **Killarney** Foxwarren **Russell**
D **Ste. Rose** Brandon **Oakville**

BANTAM FEMALE

AAA **Pembina Valley Hawks** Yellowhead
A/B **Hartney** Hamiota **Rock Lake**
C/D **Birtle** Brandon **Dauphin**

PEE WEE MALE

AA **Portage** Swan Valley **Shoal Lake**
A1 **Portage** Thompson **Macdonald**
A **Carman** Altona **Sagkeeng**
B **Ile Des Chenes** Grand Plains **Lakeside**
C **Deloraine** Foxwarren **Holland**
D **Elkhorn** Rivers **Brandon**

PEE WEE FEMALE

A/B **Stonewall** Boissevain **Arborg**
C/D **Birtle** Carman **St. Adolphe**

ATOM MALE

AA **Springfield** Macdonald **Morden**
A1 **Thompson** Springfield **Winkler**
A **The Pas** Brandon **Souris**
B **Carberry** Ile Des Chenes **Red River**
C **Melita** Brandon **Gladstone**
D **Holland** Tri-Town **Southern Steelers**

ATOM FEMALE

A/B **Carman** Teulon **Manitou**
C/D **Springfield** Holland **Wawanesa**

#HM_PROVINCIALS

2013 Hockey Manitoba Provincials.: Gold | Silver | Bronze

In Our Community

At Cargill, we're proud to support the spirit and excitement that hockey brings to the communities in which we work and live.

From our team to yours, we wish you all the best this year.

Cargill®



© The Cargill logo is a registered trademark of Cargill, Incorporated, used under licence. © 2012, Cargill Limited. All Rights Reserved.



HOCKEY MANITOBA GIVES KIDS THE CHANCE TO PLAY HOCKEY



HOCKEY DISCOVERY DAYS:

Hockey Discovery Days are comprised of 3 sessions for children aged 5-12 with little or no experience in hockey. The program is designed to introduce the fundamentals of the game in a safe, fun, positive setting.

FIRST STRIDES:

Hockey Manitoba's main focus with the First Strides Access program is to provide opportunity to underserved populations.

COMMUNITY CHAMPIONS:

From Gillam Minor Hockey Association to Glenwood Community Centre; Minor hockey associations or community clubs across Manitoba will show their hockey community spirit for a chance to win one of three legacy grants; \$10,000, \$5,000, and \$5,000.

IN THE GAME:

All participants taking part in a Hockey Discovery Days or First Strides Access program will be eligible for 1 of 35 "In The Game" grants provided by Hockey Manitoba which pays for all registration fees in the participant's first year of the organized hockey.

BREAKFAST CLUBS:

Over the past several seasons successful Breakfast Club programs, initiated by Hockey Manitoba's Coach Mentorship program, have popped up all across the province. Breakfast Clubs provides additional skill development for players prior to their school day with participants taking part in an on-ice session followed by a nutritious breakfast.

TEAM MANITOBA KIDS:

This initiative was developed so players beginning their minor hockey careers can connect with Hockey Manitoba and parents can learn of the various programs and development opportunities available to their child as they progress.

LEGACY FUNDING:

Legacy Funding is an application based grant program that allows minor hockey associations, clubs, leagues or regions to create their own development initiatives with a main focus on player, coach, official or volunteer recruitment and retention. Applications are available for two primary funds being the Hockey Manitoba Development Legacy Fund and the World Women's Legacy Fund.

ESSO FUN DAYS:

Hosted by minor hockey associations through an application based process, this program is a fun day of hockey for the first time participants in the female game. These events are for all ages and are free of charge to the participant. The focus of the day is to introduce players to hockey basics, to make new friends and to try the game without having to make a commitment to sign up for a season.



DIRECTORS CUP PROSPECTS

Hockey Manitoba is excited to be working on a reformed Director's Cup Prospects Program for spring 2013 and seasons beyond. The new format will see a 5-week standardized skills development program that will focus on key concepts and skills applicable to the "Train to Train" athlete development stage and will serve as an important precursor to the Program of Excellence. The prospects program will also focus on off-ice skills and off-ice fitness training by emphasizing quality instruction and age-appropriate instruction.

Ryan Pulock
 Brandon Wheat Kings (WHL)
 Grandview, MB
 Oct 6, 1994
 Defence Shoots R
 6'2" 214 lbs

Favorite Movie: Moneyball
 Favorite Actress: Amanda Peet
 Favorite Solo Artist: Aaron Pritchett
 Favorite NHL Team: Buffalo Sabres
 Favorite NHL Player: Sidney Crosby

Director's Cup (Parkland) 2008
 U-16 Team Manitoba 2009
 U-17 Team West 2011
 U-18 Team Canada 2012

@rpulock2

**Last Year's
Honorary
Prospect**

A FRESH START

- Prospects development program
- Minor Bantam (1999)
- LTAD Train to Train phase
- 5-week standard skills & concepts
- Off-season training emphasis
- POE Prospects

GOLD STANDARD

- High standards on-ice
- High standards off-ice
- Attention to details
- Marketing & Branding
- Consistent Budgets
- Comprehensive planning & organizing w/ regional teams

DEVELOPMENT

- Development program curriculum
- Cooperative opportunity for Midget AAA, Jr.A, etc
- Gather support from all stakeholders
- Coach support for implementation
- Key concepts & skills required for U-16 POE
- Importance of off-ice training plan
- Weekly; 2 ice, 1 off-ice

POE PROSPECTS

- Future of U-16 Team Manitoba
- First step in identifying 2015 Team MB players
- Team operations template to replicate U-16 POE
- Thorough introduction of POE concepts
- Also prospects of; Midget AAA, MJHL, WHL

OFF-ICE TRAINING

- Applicable to all players regardless of experience
- First phase of Hockey Manitoba Off-Ice Training Model
- Off-season plan (LTAD)
- Strong aerobic base
- Developing speed & strength
- Also prospects of; Midget AAA, MJHL, WHL

PROGRAM BRANDING

- Strong visual image & identity
- Appeal to youth demographic
- Custom special edition game jerseys
- Prospects apparel

TURNING 100

By: Peter Woods
Executive Director
Hockey Manitoba

Hockey Manitoba is scheduled to celebrate our 100th anniversary with commemorative events beginning in August 2014 continuing through to May 2015. Preparations are already underway in order to ensure the centennial year is memorable, enjoyable and pays proper tribute to the game and our members.



One hundred years is a significant milestone for any organization and a full calendar of events, activities and initiatives will be scheduled throughout the Province. Not only will Hockey Manitoba celebrate and honor past accomplishments but we plan to continue to build a positive framework for the future of hockey in our province for the next one hundred years.

Our 100th Anniversary logo and full event schedule will be unveiled early 2014 that will include special projects such as a kick-off golf tournament in August, season opener summit in September, a Manitoba version on an "outdoor winter classic" in January and a gala dinner in May to conclude this exciting season. Throughout the 100th season we will have interactive components on our website and through our social media networks such as voting for the "Manitoba All-Time" teams from both the modern and historic era's. We'll also align existing Hockey Manitoba programs to this centennial celebration including the Hockey Manitoba Face-Off, Hockey Manitoba Provincials, Director's Cup Prospects, Program of Excellence, Bantam AAA Showcase and many others.

Also as part of Hockey Manitoba's 100th anniversary celebrations there will be feature stories and highlights regularly posted on our website from the past century (1914-2014). The final top 10 countdown will be one of the highlights incorporated into the gala dinner, in addition to recognizing the numerous individuals and associations that have contributed to the growth and development of the game these last one hundred years.

Hockey Manitoba will look to establish a legacy and create sustainable member program opportunities through its centennial celebrations. We will engage and acknowledge the entire hockey community in order to make this a year that is appropriately honored, and that the game is celebrated extensively at all levels.

Tentative schedule of celebration events:

Aug 2014		April 2015
Golf Tournament	August 12, 2014	Western Canada Bantam Championship April 2-5, 2015
Location TBD		Location TBA
Sep 2014		Sr. Women's Western Shield
Season Opener Summit	September 26-28, 2014	Location TBA
Winnipeg, MB		
Oct - Dec 2014		May 2015
		Royal Bank Cup
		Portage la Prairie
Online voting for Manitoba All-Time Teams		
Jan 2015		Hockey Manitoba 100th AGM
Winter Outdoor Classic	Dates TBA	Winnipeg, MB
Various Locations TBA		
Mar 2015		Gala Dinner and Awards
Hockey Manitoba Provincials	March 1-30, 2015	Winnipeg, MB
Various Locations TBA		



HOCKEY CANADA INSURANCE

All members of Hockey Manitoba are covered by the Hockey Canada Insurance Program. This plan is designed to provide coverage for those who might otherwise not be covered by any other group health insurance plan. It can also serve as a supplement to other similar coverage an individual or family may hold, to achieve maximum allowable coverage. It is not applicable as an addition when another plan's coverage meets or exceeds the allowable amount; primary insurance must be exhausted prior to claiming through Hockey Canada.

WHEN ARE YOU COVERED?

1. Hockey Canada/Branch sanctioned events (league games, tournaments, practices, training camps, sanctioned fundraisers) when playing member teams only!
2. Transportation directly to and from the arena or venue.
3. Accommodations while billeted or at a hotel during a Hockey Canada/Branch sanctioned hockey activity.

HOW TO MAKE A CLAIM

1. **SECURE** a Hockey Canada Injury Report Form from your team or Minor Hockey Association. In the event that there are none available, contact Hockey Manitoba or download the form at www.hockeymanitoba.ca under the menu option 'Members' and then 'Insurance Program'.
2. **COMPLETE** the form in its entirety. Have your team official complete the team section and your Doctor/Dentist complete the back of the form.
3. **SUBMIT** the fully completed form to your Branch office within 90 days of the date of injury. Even if you have not heard back from your primary insurance the claim stills needs to be opened within 90 days and follow up information can be sent for up to 365 days.

For more information on the Hockey Canada Insurance Program please visit the Hockey Manitoba website.

#KNOWYOURHOMETEAM

U-17 TEAM WEST

Visit hockeymanitoba.ca for the roster and schedule as Team West competes for gold at the 2014 World U-17 Hockey Challenge Dec 28 - Jan 4 in Cape Breton, NS. For the first time in its 29-year history, the World Under-17 Hockey Challenge is getting a major overhaul starting in 2015, including going from five regional Canadian teams to three national teams. Be sure to follow the last Team West online during the 2014 World U-17's!



TEAM

MANITOBA



Thu, Oct 31

Alberta 3
Manitoba 2



Fri, Nov 1 (OT)

British Columbia 3
Manitoba 2



Sat, Nov 2

Saskatchewan 2
Manitoba 5



Sun, Nov 3

Saskatchewan 3
Manitoba 10
Bronze



WHL Tournament All-Stars:

Patrick (F), Kubic (G)

Top Scorers: GP G A PTS

Patrick	4	5	7	12
Howden	4	4	4	8
Kaspick	4	4	2	6



U-16 TEAM MANITOBA | OCT 31-NOV 3, 2013 - CALGARY, AB | BRONZE MEDAL

Back Row (L-R): Stacey Bulat (Athletic Therapist), Linden McCorrister, Connor Bowey, Darby Gula, Ty Lewis, Connor Barley, Dawson Martin, Tristin Cross, Scott Hlady (Equip. Mgr)

Middle Row (L-R): Kyle Prystupa (Director of Operations), Dylan Thiessen, Eric Lavoie, Nathan Halvorsen, Jermaine Loewen, Brady Pouteau, Vince Loschiavo, Dean Stewart, Kevin Jakisch

Front Row (L-R): Brett Evans, Dan Ferguson, Doug Sinclair (Head Coach), Brett Howden, Nolan Patrick, Tanner Kaspick, Wayne Bartley (Asst. Coach), Rob Smith (Asst. Coach), Ryan Kubic

PROGRAM OF EXCELLENCE:

The Hockey Manitoba Program of Excellence is the evaluation and selection tool used to form the final U-16 Team Manitoba and U-18 Team Manitoba rosters. This comprehensive high-performance program prepares our elite athletes for the opportunity to represent their province and beyond.

2014-15 COACHING STAFF

U-16 Head Coach: Wayne Bartley

U-16 Asst. Coaches: Brad Purdie, Rob Smith

U-18 Head Coach: Ashley van Aggelen

U-18 Asst. Coaches: Ryan Hutton, Reid Sloan

TEAM CANADA PLAYERS

2013 Spengler Cup (Gold):
Cam Barker, Jacob Micflikier

2013 World U-18 Women's (Gold):
Ashleigh Brykaliuk, Cassidy Carels, Halli Krzyzaniak,

2013 MECO Cup (Gold):
Christine Bestland, Brigette Lacquette,
Jenelle Kohnachuk

2013 World Women's (Silver):
Bailey Bram, Jocelyne Larocque

2013 World U-18 Men's (Gold):
Austin Lotz, Madison Bowey

2013 Memorial of Ivan Hlinka (Gold):
Jayce Hawryluk

2013 National Women's Centralized Roster:
Bailey Bram, Brigette Lacquette, Jocelyne Larocque,
Jenelle Kohanchuk,

2013 U-18 Women's Canada-USA Exhibition Series:
Danielle Krzyszczyk

2013 National Junior Summer Camp/Exhibition:
Brendan Leipsic, Ryan Pulock

Men's Olympic Orientation Camp:
Travis Hamonic, Jonathan Toews



T O B A



U-18 TEAM MANITOBA | NOV 6-10, 2013 - CALGARY, AB | FIFTH PLACE

Front Row: Kirsten Campbell, Reid Sloan (Asst. Coach), Melissa Hunt, Stephanie Grossi, Andrea Keating (Asst. Coach), Danielle Krzyszczyk, Randi Marcon, Neil Chow (Head Coach), Devan Johnson

Middle Row: Andrea Wazney (Athletic Therapist), Stacey Corfield (Goalie Coach), Bernie Reichardt (Asst. Director of Operations), Madison Patrick, Kati Tabin, Lauryn Keen, Kayla Mee, Meike Meilleur, Tess Bracken, Saige Patrick, Alanna Sharman, Ferdi Nelisson (Video Coach), Andrew Koch (Equipment Manager), Kayla Duna (Director of Operations)

Back Row: Sheridan Oswald, Courtlyn Oswald, Christian Higham, Kate Friesen, Nicole Carswell, Celine Caron



Wed, Nov 6
Alberta 3
Manitoba 2



Thu, Nov 7
Saskatchewan 2
Manitoba 4



Fri, Nov 8
Ontario-Red 3
Manitoba 2



Sat, Nov 9
Atlantic 0
Manitoba 2
5th Place

Top Scorers:	GP	G	A	PTS
Grossi	4	3	1	4
Keen	4	4	0	4
C.Oswald	4	1	2	3

2014 MANITOBA WINTER GAMES
MARCH 2-8, 2014
152 Male U-16 players
152 Female U-18 players

2014 POE CAMPS & EXHIBITIONS
MAY-DECEMBER
TOP-40, Skills/Conditioning, Exh. Tournament
40 players TOP-40 Camp | 22-28 players July-Dec.

2015 CANADA WINTER GAMES
FEB. 14-MARCH 1, 2015
20 players named to each roster
Final selections made late Dec. 2014



**IT WILL
MAKE YOU
FREAKISHLY
FAST.**



INTRODUCING THE ALL NEW
RBZ SKATE, FEATURING THE
SPEEDBLADE +4.0 HOLDER TO
MAKE YOU FREAKISHLY FAST.

RBZ

**START
YOUR
LEGEND**

CCM

#FREAKISHLYFAST

CCM® is a registered trademark of CCM Holdings (1983) Inc. /Gestion CCM (1983) Inc. and is used under licence by Sport Maska Inc. and under sublicense by Reebok-CCM Hockey, U.S., Inc.

**THE
LEGENDARY
HOCKEY
BRAND
IS BACK
IN GOALIE.**

THE ALL NEW CCM EXTREME FLEX

Combining CCM's decades of legendary performance and Lefevre's cutting edge design techniques, the new Extreme Flex provides extreme flexibility for lightning fast reactions.



31 • CAREY PRICE
MONTREAL CANADIENS

**START
YOUR
LEGEND**

CCM

#EFLEX

Montreal Canadiens name and primary logo are registered trademarks of the NHL team. ©NHL 2013. All Rights Reserved. CCM® is a registered trademark of CCM Holdings (1983) Inc. /Gestion CCM (1983) Inc. and is used under licence by Sport Maska Inc. and under sublicense by Reebok-CCM Hockey, U.S., Inc.



FROM JAMAICA TO THE WHL

JERMAINE LOEWEN

By Scott Billeck
Manitoba Hockey News

Stories of hockey success do not usually start in the Caribbean country of Jamaica. In fact, only one player from Jamaica, Graeme Townshend, has ever played in the NHL. Jermaine Loewen of Arborg, by way of Jamaica, hopes to change the total to two one day.

Loewen's life started out in Jamaica. Stan and Tara, his parents, were in Jamaica doing short-term volunteer work at a children's home.

"That is where we met him (Jermaine)," says Stan. "We didn't go down there with the intent to adopt, but we met this little boy there, 3 years old at the time, and we said we got to give him a family. And so we started the process of adopting."

The rest, as they say, is history.

Jermaine, who was invited to the Under-16 Top-40 camp for Hockey Manitoba's Program of Excellence and played for Team Gold this past weekend, first strapped on a pair of skates a year after he came to Canada. He started playing organized hockey at 10 years of age.

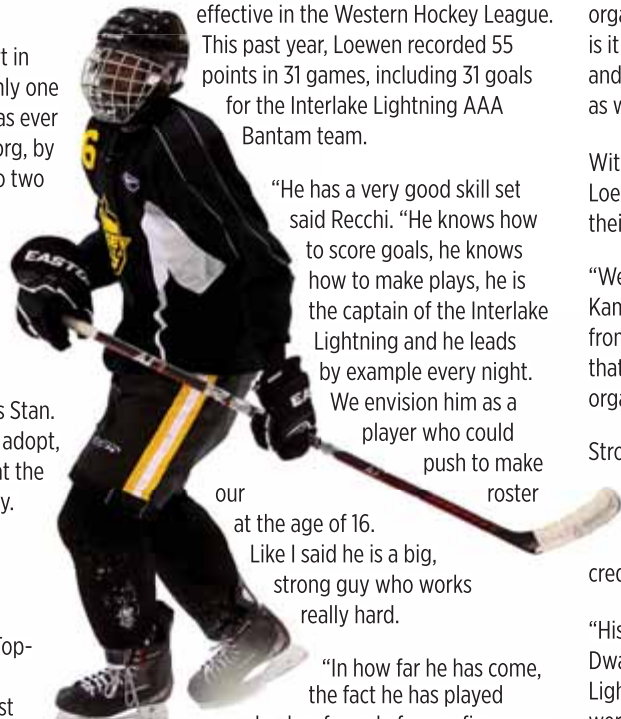
"This upcoming fall will be five years since he first started playing hockey," says Stan. "When he started playing organized hockey he picked up on it fairly quickly. He was obviously rough around the edges, including all the rules. He didn't understand the lines on the ice and icings and offsides, but he was a very athletic kid."

Loewen, taken in the 3rd round of the WHL Bantam Draft this month, is a highly touted prospect by many in the WHL. The Kamloops Blazers took him 48th overall on May 2nd, just their second pick of the draft.

"We really like his size, for a big guy he is a very good skater," says Matt Recchi, Director of Player Personnel with the Blazers. "His work ethic is top of the charts. He is a complete player with how hard he works offensively and defensively."

At just 15 years of age, the 6-foot-2, 175-pound left-winger possesses vision and a knack for

scoring goals, as well as the grittiness to be effective in the Western Hockey League. This past year, Loewen recorded 55 points in 31 games, including 31 goals for the Interlake Lightning AAA Bantam team.



"He has a very good skill set said Recchi. "He knows how to score goals, he knows how to make plays, he is the captain of the Interlake Lightning and he leads by example every night.

We envision him as a player who could push to make our roster at the age of 16. Like I said he is a big, strong guy who works really hard.

"In how far he has come, the fact he has played hockey for only four or five years, our projection on him is he is going to continue to improve and be a very good player for us in a few years."

Jermaine's parents, Stan and Tara, could not be more thrilled for their son.

"We are obviously very happy for him," said Stan. "It is Jermaine's goal and dream to play at an elite level. He is a very hard-working kid, very self-motivated. He works out very hard at home in the offseason. So it is good to see him rewarded, the recognition he is getting.

"It makes all the travel, the thousands of miles driven, worth it as well."

Like any parents of a young adolescent, Stan and Tara have the normal parental concerns when it comes to their child moving forward with hockey.

"We have the normal parent concerns of a sixteen year old moving away from home," said Stan. "If he did

move away we ask questions about how is the organization, not the winning or losing record, but is it a stable organization with good management and also a good billet family and good schooling as well."

With the help of friends, coaches and advisors, the Loewens are confident in the team that drafted their son.

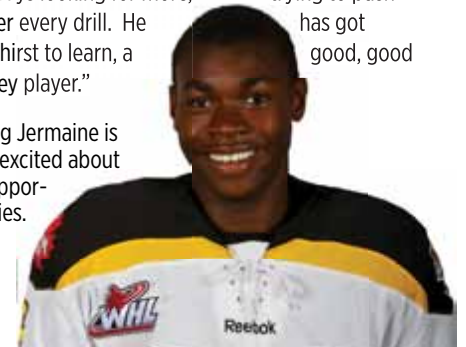
"We are certainly happy with the organization in Kamloops. We have heard nothing but good things from multiple people, so we have been assured that there is a good ownership group and a good organization."

Strong coaching has been an invaluable asset to Loewen's development as a player over the last five seasons. It is his coach at the Bantam level, however, that gives Loewen all of the credit.

"His best attribute is his strength in general," says Dwayne Swanson, head coach of the Interlake Lightning AAA Bantam team. "There were times were he basically carried our team on his shoulders, his competitiveness is just outstanding."

"His work ethic is second to none as well, even with being the most talented kid on the team; he is always looking for more, trying to push harder every drill. He has got this thirst to learn, a good, good hockey player."

Young Jermaine is very excited about his opportunities.



Earlier this season Jermaine Loewen was named to the 2013 U-16 Team Manitoba roster and competed at the Western Canada U-16 Challenge Cup in Calgary, AB.

HOCKEY MANITOBA GOVERNANCE CHANGES

Hockey Manitoba would like to inform its membership that possible changes to its governance structure have been reviewed over the past two years. The goal is to make sensible changes to our governance model resulting in efficient business operations, improved membership services and an increased focus on development, recruitment and growth of the game. Numerous presentations have been made to delegates from across the province in an effort to ensure all stakeholders contribute in discussions and ultimately support the branch's direction.

A number of motions were carried at the 2013 Annual General Meeting in May to facilitate the first step in these proposed governance structure changes. Motions to change By Laws and Regulations will now be reviewed and voted on at Hockey Manitoba's Semi Annual Meeting (3rd weekend in January) each year. Meetings such as the Season Opener in September 2013 will now provide the opportunity for all volunteers, parents, coaches, officials and players to receive more education and insight into the game of hockey.

It is anticipated that an information package outlining Hockey Manitoba's complete proposed governance changes will be circulated in November 2013. Changes will be voted on at the 2014 Semi Annual meeting in January. If approved, changes would be effective in the 2014 - 2015 hockey season. For more information please contact the Hockey Manitoba office or your respective Hockey Manitobaboard member representative.



THE NEW "SEASON OPENER" FOR HOCKEY MANITOBA

From September 27-29, 2013 Hockey Manitoba completely revamped its fall board meetings into a weekend-long experience for coaches, officials, volunteers, parents and partners. The inaugural Season Opener weekend, held at the Radisson Winnipeg by Canad Inns Downtown. It featured a star-studded Hot Stove session, special presentations from top hockey and sports leaders across the country and a hockey tradeshow event.

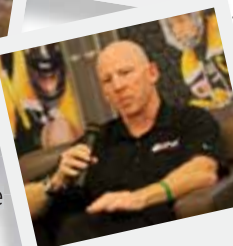
Hockey Manitoba invited all minor hockey associations, community clubs and leagues to the Season Opener to take advantage of the forums and educational resources the weekend had to offer. Highlights included a Friday evening Hot Stove session with Bob Nicholson (Hockey Canada President/CEO), Ron Robison (Commissioner of the WHL), three-time Stanley Cup champion Mike Keane, long-term athletic development expert Dr. Stephen Norris, and Jeff Hnatiuk (CEO of Sport Manitoba). CBC Hockey Night in Canada's Scott Oake hosted the discussion which touched on key topics in today's game such as growth, player development, and safety.

On Saturday, CJOB's Jim Toth hosted a 1-on-1 session with Bob Nicholson where they examined the state of the minor hockey in Canada. This

was followed by Dr. Stephen Norris, who shared his insights on optimal player development. Rob Robison highlighted the WHL's success preparing players for higher competition and the University of Winnipeg's Dr. Glen Bergeron drew on his extensive experience in athletic therapy to lead an interactive concussion and safety management workshop. In addition to participating in forums and presentations, Season Opener delegates networked with 23 tradeshow vendors including athletic development organizations, fundraisers, sports retailers and sports nutritionists. Kids

tested their slapshot speed at an interactive booth with a hockey net while parents and coaches made contacts at sports-related organizations involved in many different facets of the sports business. Hockey Manitoba and its partners provided door prizes and giveaways throughout the weekend including Winnipeg Jets tickets, \$1000 Reebok-CCM gear vouchers and a weekend stay at Canad Inns.

The first-ever Season Opener weekend set the template for next year's event, which will be Hockey Manitoba's 100th year as an organization. The 2014-2015 Season Opener weekend will be held in September 2014 at Canad Inns Polo Park. It will be bigger, better and provide an opportunity for everyone to come together in celebration of 100 years of amateur hockey in Manitoba. You will not want to miss it. See you next season!





HOCKEY MOVES

HALLI KRZYZANIAK



It first began moving her outside of her hometown of Neepawa, MB when she was a little girl.

Hockey eventually began to move Halli outside of Manitoba to places like Kelowna, B.C. to attend high school at a hockey academy. Her elite play moved her onto the U18 Team Manitoba roster for an impressive three-straight seasons, while also moving her onto the national stage playing for the U18 Canada Women's Team in 2012 and 2013. In her two seasons wearing the maple leaf for the U18 squad, Krzyzaniak and her teammates beat Team U.S.A. both times in the gold medal game of the IIHF Ice Hockey U18 Women's World Championships. In 2013, Halli was awarded the tournament's Best Defenseman and one of Team Canada's three best players racking up 2 goals, 5 assists and a +7 rating in just 5 games.

So it should come as no surprise that amid all of Halli's progress over the past several years, she held the attention of Hockey Canada scouts and personnel. This was enough to force them to make one of the bigger moves of her budding career: Halli was added to the 2013-14 National Women's Development Team.

This past August, Halli was one of thirteen development players helping Team Canada prepare for the 2014 Sochi Olympics. They trained together and played a three game intrasquad series in Calgary.

"Getting to train and play with the Olympic girls this summer was a great experience and I got to see firsthand what they do on a day-to-day basis, how they train, and I was able to play with them and see the things they might do differently and the little things I might be doing well. I got a lot of great feedback, but obviously there are some things I still need to work on".

Halli began university this fall on a full scholarship with the University of North Dakota, whose coaching staff is well-aware of Halli's future with Canada's national program.

"They've been in contact with my North Dakota coaches about really working on the little things that Hockey Canada says I need to, so hopefully I'll stay in the program and keep moving up".

But if there's one thing Halli doesn't need to worry about, it's hockey's ability to keep moving her up.

"I grew up playing rec hockey, playing with the boys, going to all the small towns, playing in the little barns. It gave me a really good perspective on the game. It helped me with the mental side of the game and learning how to love the game and appreciate it at the grassroots level."



BODY-CHECKING

STILL VERY MUCH A PART OF THE GAME

This past May at Hockey Canada's 94th Annual General Meeting (AGM) a new body-checking rule change was approved that eliminated body-checking from the Pee wee age group. Also emphasized at the AGM was the importance of progressively teaching checking skills through minor hockey to better prepare players when they arrive in Bantam hockey and are introduced to body-checking. A Hockey Canada work group has been directed to build a mandatory national checking and instructional resource program to support the progressive implementation of checking skills at the Novice, Atom, and Pee wee levels.

Changes made at the 2013 Hockey Canada AGM:

- A modification to playing rule 6.2b was approved, removing body-checking from Pee wee lev-

els and below within leagues governed by Hockey Canada, starting in 2013-14.

The new changes come after discussions over the years regarding player safety, skill development, along with player recruitment and retention. Moving forward there will certainly be further discussion on the new rule and how to enhance the goals for the changes. Further discussions will inevitably take place regarding the elimination of body-checking at less competitive streams in Bantam and Midget levels such as A2/A3 divisions.

Dr. Stephen Norris, renowned athlete development specialist who works closely with Hockey Canada comments on body-checking changes, "Elongate the skill acquisition periods to put youngsters in a position to optimize skill devel-



opment. When body checking is introduced early, there is a disruption to this very important skill acquisition period. We want to ensure that players have as many of the basic skills as possible before they are in a situation where body checking is added."

For quite a number of years Hockey Canada has provided body-checking resources and clinics for players and coaches but these have been available at the leisure of the individual. The plan moving forward is to ensure standardized education is provided in a systematic way throughout the country.

- 1 • Position & Angling
- 2 • Stick Checks
- 3 • Body Contact & Confidence
- 4 • Body Checking



BANTAM DRAFT



1st round:

F - Nolan Patrick (Winnipeg) - 4th overall Brandon Wheat Kings

F - Brett Howden (Oakbank) - 5th overall Moose Jaw Warriors

2nd round:

F - Tanner Kaspick (Brandon) - 25th overall Brandon Wheat Kings

D - Liam Schioler (West St. Paul) - 28th overall Regina Pats

F - Vince Loschiavo (Winnipeg) - 31st overall Kootenay Ice

G - Ryan Kubic (Winnipeg) - 39th overall by Vancouver Giants

F - Dawson Martin (Winnipeg) - 40th overall Calgary Hitmen

3rd round:

F - Ty Lewis (Brandon) - 47th overall by Brandon Wheat Kings

F - Jermaine Loewen (Arborg) - 48th overall by Kamloops Blazers

F - Scott Mickoski (Winnipeg) - 57th overall by Vancouver Giants

4th round:

D - Blake Jameson (Brandon) - 75th overall by Victoria Royals

D - Brady Pouteau (Oak Bluff) - 79th overall by Regina Pats

F - Kevin Jakisch (Winnipeg) - 81st overall by Everett Silvertips

5th round:

D - Morgan Geekie (Strathclair) - 90th overall by Tri-City Americans

F - Dylan Thiessen (Winnipeg) - 91st overall by Brandon Wheat Kings

F - Nicholas Labossiere (Winnipeg) - 101st overall by Spokane Chiefs

6th round:

G - Ryan Hall (Winnipeg) - 112th overall by Kelowna Rockets

D - Dean Stewart (Portage la Prairie) - 127th overall by Saskatoon Blades

7th round:

F - Linden McCorrister (Winnipeg) - 135th by Brandon Wheat Kings

F - Conner Barley (Winnipeg) - 141st by Kootenay Ice

F - Adam Touchette (St. Adolphe) - 143rd by Portland Winterhawks

8th round:

F - Josh Curtis (Winnipeg) - 156th by Prince George Cougars

F - Nathan Halvorsen (Winnipeg) - 172nd by Calgary Hitmen

D - Connor Bowey (Winnipeg) - 175th by Kelowna Rockets

9th round:

F - Tristin Langan (Swan River) - 183rd by Moose Jaw Warriors

D - Garrett Kuklica (Winnipeg) - 185th by Kelowna Rockets

F - Tyler Kirkup (Virden) - 190th by Red Deer Rebels

D - Riley Shamray (Oak River) - 194th by Calgary Hitmen

10th round:

D - Brandon Storey (Grandview) - 201st by Brandon Wheat Kings

F - Bennett Dalke (La Salle) - 213th by Brandon Wheat Kings

D - Eric Lavoie (Winnipeg) - 218th by Edmonton Oil Kings

11th round:

F - Brayden Billaney (Boissevain) - 223rd by Brandon Wheat Kings

F - Ryan Sokoloski (Winnipeg) - 232nd by Swift Current Broncos

G - Brett Evans (Grandview) - 237th by Saskatoon Blades

F - Brendan Kokorudz (Brandon) - 240th by Edmonton Oil Kings

12th round:

D - Matthew Stanley (Balmoral) - 248th by Swift Current Broncos

2013 NHL DRAFT PICKS

Ryan Pullock (D)

1st Round, 15th overall
New York Islanders



Madison Bowey (D)

2nd Round, 53rd overall
Washington Capitals

COMING SOON!



TEAM GEAR

SALES PROMOTION

LOOK GOOD. PLAY GOOD.



ROYAL
SPORTS

Reebok
CCM

HOCKEYMANITOBA.CA/TEAMGEAR