



HOCKEY MANITOBA

Time Penalties & Coincidental Penalties

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HOCKEY MANITOBA

Time Penalty

- A penalty where the time is displayed on the clock and the team must play short for that time

Coincidental Penalty

- When penalties of equal time are given to players on each team during the same stoppage of play
- Teams play 5-on-5 even though each players serves their time in the penalty box



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MOTO: Guidelines to Cancel Penalties

When multiple penalties occur at the same stoppage, we need to follow a method in order to cancel in the most efficient way:

- M** - Cancel as **MANY** penalties as possible
- O** - Cancel in a way to make the team only **ONE** player short
- T** - Cancel in a way to avoid **TAKING** another player off the ice
- O** - Cancel using the order of penalty **OCCURRENCE** or order that they were reported



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Coincidental Penalties

Team A

Team B

2

2

2 + 2

2



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Coincidental Penalties

<u>Team A</u>	<u>Team B</u>
2	2
2 + 2	2

Cancel Team A's double minor to avoid taking a player off the ice.

TIP: Team A has more minors than B, so we know we can cancel both of B's minors. Use MOTO to sort out what's left!



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Coincidental Penalties

Team A

2

2

Team B

2

2 + 2 + 2



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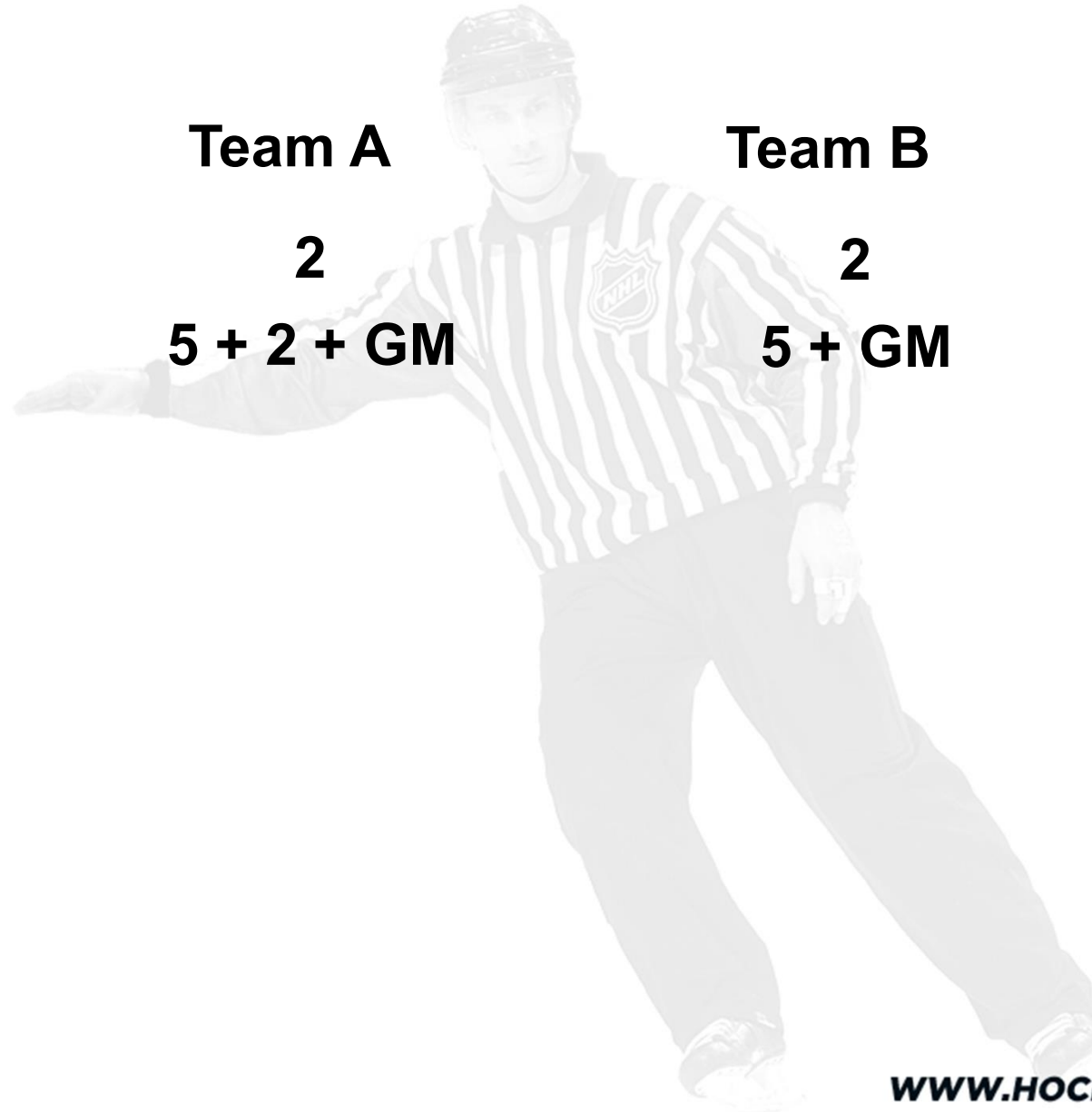
Coincidental Penalties

<u>Team A</u>	<u>Team B</u>
2	2
2	2 + 2 + 2

Cancel to avoid making Team B more than ONE player short.



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Team A

Team B

2

2

5 + 2 + GM

5 + GM



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Team A	Team B
5 + 2 + GM	2 + GM

Cancel majors, then minors. Under **MOTO**, Avoid taking players off of the ice. Team A is short 2 minutes, player serves own penalty.



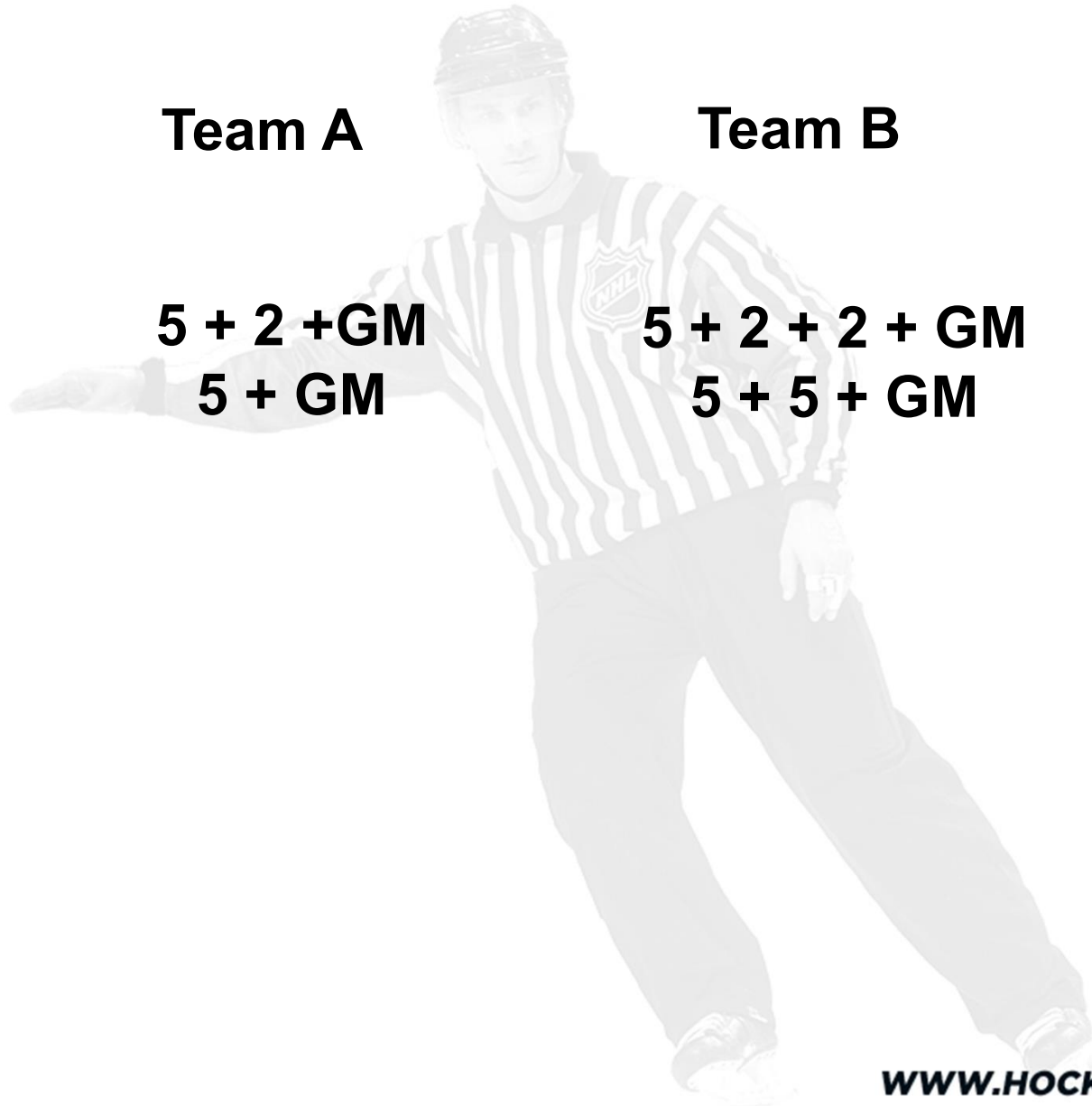
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Team A

Team B

5 + 2 + GM
5 + GM

5 + 2 + 2 + GM
5 + 5 + GM





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Team A

Team B

~~5 + 2 + GM~~
~~5 + GM~~

~~5 + 2 + 2 + GM~~
~~5 + 5 + GM~~

Cancel majors first, then minors. Cancel to make a team only one player short, and then in order of occurrence. Team B one man short for 7 minutes (substitute from ice).



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Team A

Team B

A6-2

B11-5+GM+5+GM

A7-5+GM+2

B12-5+GM

A8-5+GM



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Team A

Team B

A6-2

~~B11-5+GM+5+GM~~

~~A7-5+GM+2~~

B12-5+GM

~~A8-5+GM~~

A6, A7's substitute and B12's substitute



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Tips for Cancelling Penalties

- 1. Remember **MOTO**...it will guide you through these situations**
- 2. When canceling majors and minors, start with the majors first, then cancel minors**
- 3. As the situations get more complex, count up the number of minors and majors for each team. Then start with the team that has the least...cancel them all, then work with what's left.**



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Multiple Penalties

Three players of Team A are assessed minors at three different stoppages. Assume no stoppages after the third penalty.

PLAYER	TIME	OFF	START	END	ON
A4	2	8:00	8:00	6:00	5:20
A6	2	7:20	7:20	5:20	4:00
A8	2	7:00	6:00	4:00	Next Stoppage



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Team A	Team B	Time
	B6 – 5+GM	7:00
A9 – 2 min	B8 – 2 min	6:30
	B9 – 2 min	6:00
Team A Scores		5:50

When Team A scores, who, if anyone, comes out of the penalty box?

Answer: B9