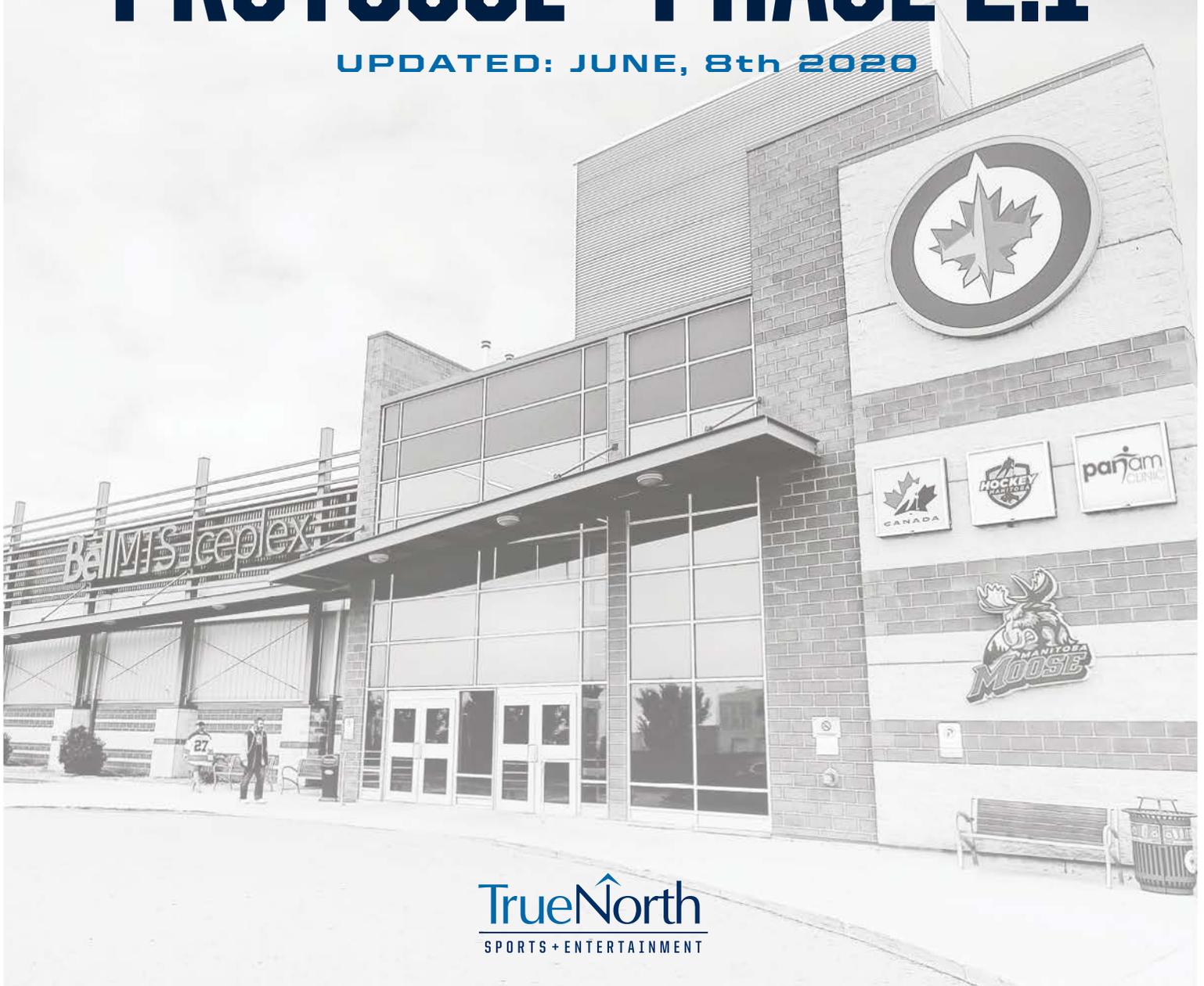


# BellMTS Iceplex

## RETURN TO PLAY PROTOCOL - PHASE 2.1

UPDATED: JUNE, 8th 2020



In preparing for the June 1st reopening, Bell MTS Iceplex made a commitment to ensure the health and safety of our guests and staff. Part of that commitment includes frequent review of our Return to Play Protocols to ensure not only the health and safety of individuals at the Iceplex but also to provide the best hockey experience possible under the province's public health orders. With that we are making some changes to the Return to Play Protocols that will continue to enhance the guest experience and ensure safe participation in our facility.

Under phase two of the public health order, games and scrimmages are now allowed requiring few changes to the game of hockey itself. The public health order requires that facilities implement measures to ensure members of the public at the facility are reasonably able to maintain a separation of at least two metres from other members of the public at the facility, excluding participants while they are actively engaged in a sporting activity.

The health and safety of our employees and guests is our number one priority. All employees and guests are required to complete a self-screening tool before proceeding to work or to their activity.

Employees and guests will be advised to practice physical distancing by standing at least six feet away from other people throughout the facility or an extended stick length away while on the ice, as much as possible. Distancing markers will be located throughout the facility in areas where individuals are in lineups or skate-tying locations.

Hand sanitizer dispensers will be placed at key guest entrances and high-contact areas including the lobby, check-in desk, and other high traffic areas.

Employees and guests are instructed to stay home if they do not feel well and are instructed to contact a manager if they notice a coworker or guest with a cough, shortness of breath, or other known symptoms of COVID-19.

All high touch areas will be cleaned on an increased basis each day. Dressing rooms will be sanitized after every use. Public access washrooms will also be cleaned on a more regular basis when programming is taking place.

**If you or anyone in your household are feeling sick, please do not come to the Iceplex.  
Your session will be rescheduled or if another session cannot be booked a refund will be provided.**

To ensure you have the most recent information regarding Iceplex Return to Play Protocols visit our website prior to every visit.

## GENERAL PARTICIPANT PROTOCOLS:



Participants will not be able to enter the Bell MTS Iceplex until fifteen (15) minutes prior to the start of their session and must vacate the premises within fifteen (15) minutes after the session has concluded. Dressing rooms will be available to all participants fifteen (15) minutes prior to their ice time however, participants are encouraged to come to the facility dressed for the ice. Dressing room showers and washrooms are not available for use at this time.



At this time, participants are asked to limit the number of spectators coming to the facility for their ice time. It is recommended that all guests who are not participating wear a mask while in the facility. These individuals will be directed to a space in the arena where they will have to remain while in the facility, except when utilizing the washroom. No outside food or beverage will be allowed in the facility. Spectators are expected to maintain social distancing at all times when at the Iceplex.

As per the provincial health order all participants must be screened for symptoms prior to participation each day and are not allowed to participate if they are ill with COVID symptoms. To make this process as efficient as possible the Iceplex has implemented an online screening tool that must be completed prior to entering the facility.

Using your smart phone you can access the online screening tool by scanning the QR code with your phone camera or by visiting <https://cutt.ly/BMI-VSSAForm>.



When entering the Iceplex you are required to utilize the hand sanitizer station located at the entrance and proceed to the check-in desk. You will be greeted by a Bell MTS Iceplex staff member to confirm the online self-screening tool has been completed and direct you to your program area. If the online self-screening tool cannot be completed for any reason the staff member will complete a verbal screening process.

If any participant does not complete either the online or verbal screening tool they will not be allowed to participate and must leave immediately, no exceptions.



At this time access to dressing room areas is limited to fifteen (15) minutes before and after your scheduled ice time and you are asked to only use the area that you have been directed to. The main floor washroom will be available for users of the facility. All customers must bring their own water bottle to the facility. No water fountains will be available to participants or spectators.



A new zero tolerance policy regarding spitting will be enforced at all times at Bell MTS Iceplex. Absolutely no spitting while in the facility will be tolerated. You will be asked to leave the premises and may have your privileges for future programming suspended indefinitely.

Additional program specific protocols have been developed and should be reviewed prior to each day of activity as they will be updated on a regular basis.



## JETS HOCKEY DEVELOPMENT

To accommodate the training needs of as many Jets Hockey Development customers as possible, a variety of sessions will be offered. To book sessions please email [jhd@tnse.com](mailto:jhd@tnse.com). Due to provincial health regulations limited capacity is available.

For JHD sessions, please enter the Iceplex utilizing the main facility doors located on the south side of the facility. Upon entering utilize the hand sanitizing station located in the entrance.

Access to the dressing rooms is limited to 12 players per room. The rooms are clearly marked to ensure physical distancing while in the room. Players are able to access the dressing room space fifteen (15) minutes before their scheduled ice time however, participants are encouraged to come to the facility dressed for the ice. At this time there will be no access to the dressing room washrooms or showers. Players are asked to bring skate guards and to utilize the main washroom in the lobby. These areas are not secure, so we ask that all valuables be kept at home.

Once you have put your skates on you are asked to remain in your dressing room until the instructor greets you and welcomes you onto the ice.

Your dressing room space will be sanitized prior to every use. We ask that players do not share spaces or supplies at this time.

All staff are required to wear masks while at the Bell MTS Iceplex unless they are on the ice involved in programming. To further reduce the risk while on the ice, instructors and participants will be required to maintain an extended stick length distance from others as much as possible, excluding participants while they are actively engaged in hockey activity.



## ICE LAB

To book available Ice Lab sessions please visit our website, it is important to note that sessions become available regularly, so we encourage you to check the availability schedule on a regular basis.

Prior to entering the facility, Ice Lab customers should please call the Bell MTS Iceplex check-in desk at 204-926-5887 to confirm completion of the online self-screening tool. Please enter the facility using the Ice Lab entrance on the west side of the facility. Upon entering utilize the hand sanitizing station located in the entrance.

Ice Lab participants are able to get dressed using the dressing rooms located in the Ice Lab. Players can enter fifteen (15) minutes before the start of their session to get dressed however, participants are encouraged to come to the facility dressed for the ice.



At this time there will be access to Ice Lab dressing room washrooms, however, no access to Ice Lab showers will be provided. These areas are not secure, so we ask that all valuables be kept at home.

Once you are dressed and ready you are asked to remain in the dressing room until the instructor greets you and welcomes you onto the ice.

All staff are required to wear masks while at the Bell MTS Iceplex unless they are on the ice involved in programming. To further reduce the risk while on the ice, instructors will be required to maintain an extended stick length distance from others as much as possible.



## FOCUS FITNESS

Focus Fitness customers will be required to complete the online self-screening tool and check-in process before proceeding to the fitness space.

For Focus sessions please enter the Iceplex utilizing the main facility doors located on the south side of the facility. Upon entering utilize the hand sanitizing station located in the entrance.

All Focus Fitness customers must book their class or program time online prior to coming to the facility per the provincial health order. We understand this is a new process for our customers so information will be provided on our website on how to book workout times. Drop-in use will not be allowed for the foreseeable future.

Given the uncertain nature of the COVID pandemic we have adjusted how we charge for our Adult Strength and Conditioning Classes. Reoccurring monthly memberships will remain paused at this time and individuals will be able to purchase individual class options. All aspects of this can be completed through our website along with booking class time.

Class and program times will be different from the past as we adjust our schedule to provide additional time for cleaning and disinfecting equipment between uses.

Focus Fitness space will be reduced to 50 percent of our normal capacity, or one person per 10 square metres, whichever is lower with increased spacing between workout equipment and stations to ensure physical distancing is met.

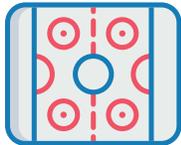
Focus Fitness customers will not be provided access to the dressing rooms or showers in the facility. Participants must come dressed for their workout and bring their own water bottle as the water cooler will not be available.

Given the difficult nature to properly sanitize some equipment, foam rollers, yoga mats and rubber bands will not be available in the gym and participants are asked to bring their own if needed.



As per the provincial health order physical distancing of two meters must be maintained at all times, except for brief exchanges. For all close contact exercises, staff will be required to wear a mask.

Participants are asked to properly clean all equipment after each use during their workout.



## ICE RENTALS – PRACTICES

All users must adhere to the most current provincial health order and deviation from the public health order may result in the group being asked to leave the facility immediately and future ice rental privileges could be suspended indefinitely.

All participants will have to complete the online self-screening tool prior to entry and check-in with the Bell MTS Iceplex staff member to verify completion. Participants must indicate either the team or user group that they are playing with using the screening tool.

At this time, participants are asked to limit the number of spectators coming to the facility for their ice time. These individuals will be directed to a space in the arena where they will have to remain while in the facility, except when utilizing the washroom. Guests are asked to ensure physical distancing of two meters is maintained between themselves and other guests. No outside food or beverage will be allowed in the facility. It is recommended that all guests who are not participating wear a mask while in the facility.

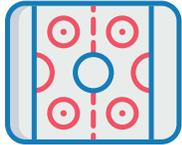
Access to the dressing rooms is limited to 12 players per room. At no time are more than 24 total participants allowed on the ice at once with a maximum of 20 skaters, two goalies and two coaches. The rooms are clearly marked to ensure physical distancing while in the room. The main dressing room door is to remain open at all times to reduce touching of shared surfaces. Players are able to access the dressing room space fifteen (15) minutes before their scheduled ice time however, participants are encouraged to come to the facility dressed for the ice. At this time there will be no access to the dressing room washrooms or showers. Players are asked to bring skate guards and to utilize the main washroom in the lobby. These areas are not secure, so we ask that all valuables be kept at home.

All players and coaches must maintain physical distancing while in the facility and on-ice as much as possible, excluding participants while they are actively engaged in hockey activity.

Your dressing room space will be sanitized prior to every use. We ask that players do not share spaces or supplies at this time.

To enhance physical distancing players should use the same entrance on and off the ice nearest to their dressing area. Dressing rooms or skate-tying areas will be allocated to help distance one group from another.

The benches are available to teams and participants and have been expanded and marked to accommodate more players during use. Participants are asked to maintain physical distancing in the benches by respecting the distancing markers.



## GAMES & SCRIMMAGES

Under phase two of the public health order, games and scrimmages are now allowed, requiring few changes to the game of hockey itself. The public health order requires facilities implement measures to ensure members of the public at the facility are reasonably able to maintain a separation of at least two metres from other members of the public at the facility, excluding participants while they are actively engaged in a sporting activity.

No more than 16 players per team are allowed during games. If a team has more than 12 skaters, additional skate-tying locations may be made available if a dressing room is not. Please let the Iceplex know if you have more than 12 skaters.

For games and scrimmages, bench capacity is limited to a total of ten players per bench at any given time. The benches have been expanded and marked to reasonably allow social distancing. It is recommended that teams use one door to enter the ice and one to exit the ice.

Users will be required to be creative when it comes to penalties being served in the penalty box as only one player should be in the box at a time.

All players are asked to bring their own filled water bottle and players should not be sharing water bottles.

Team goal celebrations are strongly discouraged, including hugging and high fiving. There will be no handshakes at the conclusion of the game.