



# BREAKFAST CLUBS

## Souris Breakfast Club

National Coach Mentorship volunteers came out to train our coaches and the breakfast club volunteers on December 23<sup>rd/08</sup>. This was a great training day and benefitted our whole Minor Hockey System. I can't thank them enough for coming out during their Christmas holidays to accommodate us and help us get this awesome program up and running. After this training day it got the talk going with coaches and parents to get the breakfast club going.

We did a power point presentation to the Town of Souris, which was designed by Bob Caldwell and they didn't pass the funding of the ice. Souris Minor Hockey Association paid for our ice this year and we are on going looking for funding next year. We received \$300.00 from the Block Parents committee which is not running anymore for the breakfast part which was a big help. The only struggle of getting this program up and running was the funding. Hopefully we will get more funding next year or might have to look into charging the kids.

Souris Breakfast got up and running in January till March running twice a week. Monday mornings consisted of the older group which was 12 years and up and we had around 20 kids coming out. I had two adult volunteers for this session and one helping put out the breakfast which was cereal, fruit and juice.

Friday mornings consisted of the 11 years and under. I had two older kids and two adult volunteers helping with this session and there was 22 kids attending on a weekly basis.

This is an excellent program and the kids that attended and the parents of these kids saw great improvement even with the short amount of time that we did it. There is still a lot of talk and we will be doing it again next year and starting at the beginning of the year. Thanks again to Hockey Manitoba and Bob Caldwell.

Deanna Kowalchuk  
Souris

